AUSTRALIAN ROTARY HEALTH

Supporting healthier minds, bodies and communities through research, awareness and education.
ABOUT US

OUR VISION
It is our vision to be a catalyst for projects that improve the quality of life for people who are least able to assist themselves.

OUR MISSION
Our mission is to create better health for all Australians through improved education and advancements in knowledge through medical research. We support excellence in research in an effort to provide both preventative and curative solutions for a broad range of health conditions.

WHO WE ARE
Australian Rotary Health is one of the largest independent funders of mental health research within Australia. In addition to mental health research, we also provide funding into a broad range of general health areas, provide scholarships for rural medical and nursing students, as well as Indigenous health students. Australian Rotary Health has a broad vision to improve the health and wellbeing of all Australians.

WHAT WE DO
Australian Rotary Health provides funding into areas of health that do not readily attract funding, and promotes findings to the community.

Mental health research
Since the year 2000, Australian Rotary Health has focused its funding on mental health research. In 2012 this focus narrowed to the Mental Health of Young Australians, and in 2013 research projects focussing on the Prevention of Mental Health Disorders were included.
General health research
Australian Rotary Health engages with a variety of funding partners to provide Research PhD Scholarships. These projects encompass a broad range of general health areas including cancer, heart disease, children’s health, motor neuron disease, diabetes and more.

Rural Medical & Nursing Scholarships
Australian Rotary Health provides scholarships for medical and nursing students to undertake placements at a rural and remote health care service. Students experience what these facilities have to offer and provide an incentive for recipients to pursue a career in rural Australia upon graduation.

Indigenous Health Scholarships
These Scholarships support Indigenous students to undertake tertiary training in nursing, physiotherapy, psychology, dentistry and other health related degrees at university. These scholarships help Indigenous students to overcome barriers to tertiary study and qualification.

OUR HISTORY
Australian Rotary Health was established as a charitable fund in 1981 by Rotarian PP Ian Scott and the Rotary Club of Mornington, Victoria, to research the mystery of Sudden Infant Death Syndrome (SIDS).

Gaining acceptance from District 982 (now D9820) for the project, the Rotary Club of Mornington discussed their vision at the Regional Rotary Institute in front of current and past RI officers. A Steering Committee was appointed to develop the fund and each Australian District accepted the concept.

With the generous support of Rotarians, Rotary clubs and Rotary Districts, Australian Rotary Health has funded over $36 million of research. Australian Rotary Health has since welcomed individual, commercial and government supporters.
### DONATIONS

The financial year of Australian Rotary Health ends on June 30 each year. Donations for research over the past 12 years were:

<table>
<thead>
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<th>Financial Year</th>
<th>Amount</th>
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</tr>
<tr>
<td>2014-2015</td>
<td>$1,811,855</td>
</tr>
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### 2016 FUNDING ALLOCATION

**Research Project Grants**  
$1,100,000
Australian Rotary Health provides grants for research relating to the mental health of young Australians for up to three years per project.

**Ian Scott PhD Scholarships**  
$500,000
Named after the founder of Australian Rotary Health, Ian Scott Scholarships provide financial support to PhD students conducting research into mental health.
ANZAC PhD Scholarship $35,000
Australian Rotary Health financially supports a PhD student undertaking research within mental health, with a specific focus on the post-traumatic effects of war.

Post Doctoral Fellowships $300,000
Australian Rotary Health offers three types of fellowships to early career researchers in the area of mental illness prevention.

Research Companion PhD Scholarships $110,000
Funded by a Rotary family or individual these scholarships are for research into any health area.

Funding Partner PhD Scholarships $900,000
Jointly funded by a Rotary Club or District, Australian Rotary Health and a University, for research into any health area.

Rural Medical Scholarships $15,000
Provide incentives for students to complete at least one year in a rural area.

Rural and Indigenous Nursing Scholarships $62,500
Provides an incentive for students to complete their 3rd year major clinical placement and graduating year in a rural or remote area.

Indigenous Health Scholarships $375,000
These scholarships are a partnership between a Rotary Club or District and the State or Commonwealth government to provide scholarships for Indigenous Australians.

TOTAL $3,397,500
OUR STRUCTURE

**Membership**
Membership of the Company, Australian Rotary Health, entitles Members to attend the Annual General Meeting, which is generally hosted at the Zone 8 Institute. Membership fees are $50 on joining and $10 per annum (plus GST). All Members of Australian Rotary Health, as stated within the Constitution, must be Rotarians.

Applications for Membership should be directed to:
- The CEO
- Australian Rotary Health
- PO Box 3455
- Parramatta, NSW 2124

**Administration**
The administration of Australian Rotary Health is conducted from Parramatta. Costs are minimal due to the high level of honorary service rendered by members of the Board and supporters at the District level.
THE DISTRICT COMMITTEE

The success of Australian Rotary Health in each Australian Rotary District is directly related to the quality and enthusiasm of our District Representatives and associated Committee.

Their Role

• To promote Australian Rotary Health to all Rotary clubs in their District using a variety of promotional material.
• To personally visit each club as guest speaker at least once a year, disseminating contribution level data and other information.
• Advise the District Governor as to suitability of clubs for the Perpetual Trophy Award presented at the District conference.
• To allocate a number of Clubs to each Committee member, preferably clubs with which they have a close relationship.
• To suggest to each club or group of clubs that it conducts fundraising projects for Australian Rotary Health and assist them in doing so.
• To promote and generally support all fundraising projects.
• To hold committee meetings regularly; to collect information as to the club’s activities, to discuss the distribution of information to clubs and to co-ordinate assistance to fundraising projects.
• To provide minutes of committee meetings to the District Governor and the regional Australian Rotary Health Director to keep them informed of District activities.
• To arrange (with the consent of the District Governor) to conduct a segment at the District Assembly together with brief segments to Presidents-Elect and Community Service Chairs.

Our Support

All the tools to ensure the success of the District Committee in promoting Australian Rotary Health will be provided.
ABOUT US

OUR BOARD

Australian Rotary Health is governed by a Board of 10 Directors who are Rotarians from around Australia. Directors serve for a limited term to ensure fresh ideas and enthusiasm.

Chairman:
PDG Jeff Crofts
PO Box 2343, Cairns, Qld. 4870
H: (07) 4041 5173; M: 0412 930 441
e: jncrofts@bigpond.net.au

Vice Chairman:
PDG Greg Ross
2/4 Tonkin Avenue, Balwyn, Vic., 3103
B/H/M: 0407 891 048
e: idoido@optusnet.com.au

Directors:
PDG Phil Armstrong (Kim)
4 Riverlink Drive, Mossy Point, NSW 2537
H: (02) 4471 5909; M: 0418 259 963
e: philaarmstrong@gmail.com

PDG Laurie Barber (Glenda)
6 Marsden Crescent, Port Macquarie, NSW, 2444
H: (02) 6583 8286; M: 0412 616 106
e: lbarber@midcoast.com.au

PDG Graeme Davies (Lyn)
PO Box 6019, Kincumber, NSW 2251
H: (02) 4384 5572; M 0416 276 363
e: gradav@ozemail.com.au
Directors:

PDG Des Lawson (Rhonda)
731 Esplanade, Lota, Qld. 4179
H: (07) 3348 6607; B: (07) 3893 2037; M: 0418 991 337
e: deslawson@gmail.com

PDG Kevin Shadbolt (Anne)
36 Bluewater Crescent, Shearwater, Tas. 7307
M: 0438 267 215
e: kjshadbolt@bigpond.com

PDG Colin Thorniley (Valerie)
1608/96 Bow River Crescent, Burwood, WA 6100
M: 0418 500 179
e: colin@q-net.net.au

PDG Barbara Wheatcroft (Vic Gudiskis)
U8/1 Ramsey Ave, Paradise, SA 5075
H: (08) 8356 1625; M: 0413 511 243
e: barbarawheatcroft@gmail.com

PDG Peter Williams (Linda Watt)
PO Box 902, Miranda, NSW, 1490
H: (02) 9522 8645; B: (02) 9525 2552
M: 0411 692 801; e: carpediem@convictlaw.com

Medical Advisor to Board
Professor Michael Sawyer
c/- ARH, PO Box 3455, Parramatta, NSW, 2124
e: michael.sawyer@adelaide.edu.au

Supporting healthier minds, bodies and communities through research, awareness and education.
OUR RESEARCH COMMITTEE

**Chairman:**
**Professor Ron Rapee AM**
Bsc (Psych), Msc (Psych), PhD, AM and FASSA Psychology, NSW

**Members:**

**Associate Professor Jordana Bayer**
BA (Hons), MPsyCh (Clinical), PhD Psychology, Vic.

**Associate Professor Peter Butterworth**
BA (Hons), PhD Psychiatric Epidemiology, Vic.

**Associate Professor Melissa Green**
BA, MLitt, PhD Psychology, NSW

**Professor Anthony Jorm**
BA, M.Psychol, GDipComp, PhD, DSc, FASSA Psychology, Vic.
Supporting healthier minds, bodies and communities through research, awareness and education.

Members:

**Professor Brett McDermott**  
B.MedSci, MBBS, FRANZCP, CertChildPsych, MD Psychiatry, Qld.

**Professor Vera Morgan**  
BA Adel., DipEd Melb., MsocSc S.Aust., PhD W.Aust Neuropsychiatric Epidemiology, WA

**Associate Professor David Pierce**  
MBBS, MGPP, MMed, MD, FRACGP, FAAPM GP, Vic.

**Professor Jane Pirkis**  
BA (Hons), MPsych, MAppEpid, PhD Psychology, Vic.

**Associate Professor Meg Smith OAM**  
BA (Hons), M.Psychol, PhD, MAPS, FAPSS Psychology, NSW

*All contact through ARH Office, 02 8837 1900.*

Supporting healthier minds, bodies and communities through research, awareness and education.
OUR STAFF

Chief Executive Officer
Joy Gillett OAM, PP
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Office Manager
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Program Co-ordinator
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Corporate Manager
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Media & Communications
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Research Administration Manager
Bridget Moore
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Administration Assistant
Maddison Hancock
e: maddisonhancock@australianrotaryhealth.org.au
OUR REPRESENTATIVES

**Life Members**
Ted Atkinson
Ron Beslich
Bruce Edwards
Terry Edwards
David Finn
Joy Gillett
Don Gordon
Alan Grady
Terry Grant
Denis Green
Fred Hay
Des Jones
Don Keighran
Terry Lees
Fred Marsh
Bruce McKenzie
Judy Nettleton
Ian Oliver
Russ O’Malley
Ron Pickford
John Ranieri
Harold Sharp
Noel Trevaskis
Don Whatham
Dick White
Allan Wilson
Dick Wilson
Graeme Woolacott
Rob Wylie

**Rotary Ambassadors**
Graham Brown
Phil Cordery
Terry Edwards
John Egan
John Gough
Alan Grady
Terry Grant
Denis Green
Fred Hay
Patrick Hartley
Tony Hennessy
Nevin Hughes

Des Jones
Peter Kaye
Don Keighran
Barney Koo
Phil Lacey
Terry Lees
Fred Marsh
Bruce McKenzie
Judy Nettleton
Ian Oliver
Russ O’Malley
Ron Pickford
John Ranieri
Harold Sharp
Noel Trevaskis
Don Whatham
Dick White
Allan Wilson
Dick Wilson
Graeme Woolacott
Rob Wylie

**Patrons**
His Excellency General
the Honourable Sir Peter
Cosgrove AK MC (Retd)
Governor-General of the
Commonwealth of Australia
His Excellency General
The Honourable David
Hurley AC DSC (Ret’d)
Governor of NSW

**Rotary Patrons**
Glen Kinross AO
RI President 1997-98
Sir Clem Renouf AM
RI President 1978-79
**FINANCIAL SUPPORT**

**Donations**
Australian Rotary Health is classified as a Health Promotion Charity and is exempt from Income Tax. Donations are tax deductible.

Many areas of research are tragically underfunded in Australia. Donations provide an invaluable income stream that help Australian Rotary Health fund vital research, education and awareness programs throughout the country. We rely on donations from individuals, Rotarians, Rotary Clubs and Districts, corporations and trusts to continue this work.

Please visit the donations page via [www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au) for more information on how you donate to Australian Rotary Health.

**Workplace Giving**
The workplace giving program operates through an employer’s payroll system and provides employees with a tax effective and simple way to donate regularly to Australian Rotary Health.

Workplace giving programs also help employers foster community-business partnerships and encourage a higher level of employee morale within their organisation.

If you would like to know more or are interested in providing workplace giving at your place of employment, please contact our office on (02) 8837 1900 or email admin@australianrotaryhealth.org.au for more information.
Bequests
Making a will is important at any stage of your life. It ensures that when you pass away, your estate will be handled the way you planned. Furthermore, making a will ensures that your assets will go to the people you choose, giving you peace of mind that your affairs are in order.

Including a bequest in your will is also one of the easiest ways to continue supporting your community after your death. By bequeathing to your favourite charity you can also benefit from having access to your funds or property during your lifetime, resulting in less strain on you and your family.

Australian Rotary Health has worked with legal professionals who have offered to assist you in the preparation of a will. Please contact our office for known legal professionals.

To make a bequest, we have information available by calling (02) 8837 1900 or emailing admin@australianrotaryhealth.org.au. You can also find the Australian Rotary Health Bequest Kit online at www.australianrotaryhealth.org.au.
FRIENDS & COMPANIONS

To recognise those who support us, Australian Rotary Health enables donors to become a ‘Friend’, ‘Companion’ or ‘Research Companion’.

Friends
Individuals who donate $100 or more are eligible to become a Friend of Australian Rotary Health. Contributions are cumulative and the following recognition levels are available:

- **Friend** - $100
- **Bronze Friend** - $500
- **Silver Friend** - $1,000
- **Platinum Friend** - $2,000
- **Diamond Friend** - $2,500

Individuals may choose to credit their donations through a nominated Rotary Club and will receive a pin and certificate to recognise their contribution.

Companions
Donors who contribute $5,000 or over to Australian Rotary Health are eligible to become a Companion. This level of recognition is available to:

- Corporations or nominees of corporations
- Estates or their nominees
- Trusts or their nominees
- Individuals, whether Rotarians or not, or their nominees
- Rotary Districts and/or Rotary Clubs or their nominees
A framed certificate and a pin is presented to Companions who can, if they desire, credit the contribution through a nominated Rotary Club. Pins signifying the level of support have a ruby, emerald or diamond chip. Contributions are cumulative and the following recognition levels are available:

- **Companion** - $5,000
- **Gold Companion** - $10,000
- **Ruby Companion** - $20,000
- **Emerald Companion** - $50,000
- **Diamond Companion** - $100,000

**Research Companions**

Research Companions are PhD Scholarships named after their donors. They play a vital role in helping shape the future of Australia's medical landscape and contribute to a healthier future for Australians.

Research Companions (donors) are able to choose a specific area of research to fund. The scholarship is then awarded to a PhD student completing research in that nominated field.

Donors can choose to become a:

- **Research Companion (3 years) $100,000**
  Will fund one PhD researcher for the term of their PhD, which is usually three years.

- **Distinguished Research Companion (10 years) $500,000**
  Will fund up to three PhD researchers over a ten year period.

- **Perpetual Research Companion $1,000,000**
  Will fund PhD researchers in perpetuity.
ABOUT US

MERCHANDISE

With Health in Mind by Paul Henningham - $20

Hat Day Clip-on Bears - $2

Eco Bags $1.50

NEW! Hat Day Bears $15 each or 4 for $50

ARH Pens - $5

Hat Day Pin $2

Constable Nurse Doctor Chef

DONATION GIFT CARDS - $30

You can make a donation to Australian Rotary Health on behalf of someone else through our Donation Gift Cards. Choose a design and it will be posted to the person you nominate. Please contact the office for purchases.

1. Understanding
2. Care
3. Direction
4. Vision
5. Flourish
6. Amazement
HAT DAY

Friday October 7, 2016 is Hat Day!
…the national fundraising day where you wear a hat and make a donation to help shine a light on mental illness in Australia. 100% of proceeds go to funding research into helping those affected by depression, anxiety, schizophrenia and many other illnesses.

In 2015, over 500 organisations, individuals and Rotary Clubs hosted Hat Day events around Australia and raised over $100,000 for mental health research. There were trivia nights, train station collections, boat cruises, morning tea parties, formal dinners, a dance soiree and more.

Hat Day is an initiative of Australian Rotary Health held annually on the Friday of Mental Health Week.

2016 EVENTS

**Golf Days**
Australian Rotary Health hosts a number of corporate charity golf days each year. Our 2016 Golf Days are:

**ARH Annual Golf Day**
February 24, 2016 at Riverside Oaks Golf Course, Cattai, NSW.

**Golf for Research**
November 11, 2016 at Twin Creeks Golf Club, Luddenham, NSW.

**Race Days**

**Australian Rotary Health Wine, Food & Music Race Day**
Hosted at the Hawkesbury Race Course, NSW on Sunday October 9, 2016. Tickets include lunch, beverages and entertainment.

**South Australian Derby Day**
Held at Morphettville Racecourse on Saturday 14th May, 2016. Run by Clubs in Rotary District 9520.

**Annual Photography Competition**
The Australian Rotary Health Photography Competition runs in 2016 from Australia Day to ANZAC Day. Open to all. Visit www.australianrotaryhealthphotocomp.org for info and entries.

**North Ryde Fun Run**
A fun run event in conjunction with Macquarie University, local businesses and the Rotary Club of North Ryde. Held on August 28, 2016 with proceeds to mental health research www.northrydefunrun.com.au

**10 Islands Tassie Tag Along Tour**
41 day Tasmanian Boutique tour, February to March 20. A joint project of the Rotary Club of George Town, Tasmania and E-Club of NextGen.
Great Australian Bike Rides
Rotary clubs and Districts organise cycling events around Australia to fundraise for research. 2016 Great Australian Bike Rides:

**Tour de Norfolk Plains**
February date TBA - Rotary District 9830, Tas.

**Mallee Meander - D9790 Ride to Conference**
February 20-25 - Rotary District 9790, Vic.

**Ride for Research $$$s - 30th Anniversary ‘Million Dollar Milestone’ Ride**
March 14-29 - Rotary District 9810, Vic.

**D9820 Ride to Conference**
February 22-26, District 9820, Vic.

**D9640 Ride to Conference**
May 3-6 - Rotary District 9640, NSW.

**Banish the Black Dog Ride**
May 28-29 - The Rotary Club of Townsville Central, Qld.

**Ride to the Other Side**
Rotary Club of Armadale, WA are taking a ride-on lawn mower around Australia to raise $1 million - July 2016.

**Annual Sydney Dinner**
Each year ARH celebrates their achievements at an Annual Dinner held at the Epping Club, NSW. The evening includes a guest speaker, musical entertainment, and interviews with Scholars. Date TBA.

**Postie Bike Challenge**
An independent event raising funds for ARH, riding Postie bikes from Perth to Broome, WA.

Contact us on 02 8837 1900 for more information & ticket sales, or to notify us of a fundraising event you are hosting. Alternatively, you can visit our website [www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au).
ROTARY CLUB & DISTRICT FUNDRAISING

Over the years a number of Rotary Clubs across Australia have shown great initiative in developing specific projects to aid Australian Rotary Health. It is our policy is to encourage such activities and promote them through newsletters and Rotary Down Under magazine.

Clubs are provided with support to develop their own fundraising projects at a time that is convenient to their members. Alternatively, they may use one or more of Australian Rotary Health’s fundraising initiatives to get the ball rolling.

Recent Fundraising Projects
- Art books
- Auction nights
- Swimming events
- Christmas cards
- Guest Speaker Certificates
- Bicycle rides
- Flower & plant sales
- Balls/Concerts
- Trivia/Red Faces Nights
- Golf Days
- Holiday tours
- Raffles
- Sweets sales
- Calendar sales
- Race days

If your Club or District is currently conducting a particular project to aid Australian Rotary Health, please advise us as soon as possible so that we can assist with publicity and public relations.
NATIONAL SYMPOSIA

National health symposiums have been hosted by Australian Rotary Health throughout our 32 year history. Previous Symposiums have focussed on Cot Death, Muscular Dystrophy, Health of the Ageing, Adolescent Health, Family Health and Mental Health.

The latest Symposium was held in May 2013 titled “Prevention of Mental Disorders across the Lifespan: Setting New Directions for Research and Implementation”. This Symposium brought together 25 of Australia’s leading mental health professionals working in “prevention”.

Outcomes from this symposium have included the establishment of The Alliance For the Prevention of Mental Disorders, the introduction of community health forums, run by Australian Rotary Health in partnership with Rotary Clubs, which will inform Australians of what they can do to prevent mental disorders, and the commitment of new funding for further research into mental health prevention.
PROMOTION AND COMMUNICATION

Australian Rotary Health engages in a number of promotional activities throughout the year in an effort to raise awareness for the need for health research and educational funding.

**Newsletters**
Produced twice a year - in spring and autumn - newsletters inform readers about our current activities and are used to encourage clubs and individuals to contribute to Australian Rotary Health.

**Community Service Announcements - Hat Day**
At minimal cost, Australian Rotary Health has been able to produce Community Service Announcements promoting Hat Day, which are distributed through commercial television stations in Australia. These announcements highlight the work of Australian Rotary Health and the need for health research.

**DVD**
At regular intervals, a DVD about Australian Rotary Health is produced for use at District Conferences, PET seminars, District Assemblies and, for Rotary Club programs. In 2015, a new movie was professionally produced and is available to watch and download from www.australianrotaryhealth.org.au

**Rotary Down Under Features**
Australian Rotary Health publishes a bi-annual four page spread in Rotary Down Under magazine. These features appear in the December/January and May issues of RDU.
Speakers at Club Meetings
District Representatives or members of their committee aim to visit every Rotary Club to provide updates on current Australian Rotary Health initiatives.

Promotional Brochures
Full colour brochures that can be used at both the club level and for the general public are available for promotion and distributing information.

Display Banners
Each District has access to portable multi-purpose display material. Clubs wishing to make use of this material should contact their Australian Rotary Health District Representative.

District Conferences
Australian Rotary Health Directors or District Representative can arrange an excellent district conference segment for your club, including a keynote speaker or report session with our DVD, the Perpetual Trophy presentation and more.

Special Club Awards
Where clubs have reached contributions of $250, $500, $1,000, $1,500 and $2,000, then increments of $1,000 per member, an Australian Rotary Health Director or District Representative can be made available to present a certificate of appreciation at an important function such as a District Conference, club anniversary, or similar.
AWARDS

**Australian Rotary Health “Medal”**
The Board of Australian Rotary Health awards an annual ‘Medal’ to an individual who has made a contribution of outstanding service to Australian Rotary Health. The Medal is the second highest award of meritorious service, after Life Membership (which ARH bestows), and is awarded annually. Recipients are presented with a framed certificate and commemorative pin.

**Past Recipients**
2003: Loch Adams (deceased), Fred Hay, Prof Michael Sawyer & Fay Jackson
2004: Noel Trevaskis
2005: Philip James Francis
2006: Paul Henningham
2007: Professor Anthony Jorm
2008: Dick White
2009: Geoff Kennedy (deceased)
2010: Ron Beslich
2011: Peter Lean
2012: Rob Henry
2013: Geoffrey Bailey (deceased) & Joy Gillett
2014: Dean Brown & Bob Aitken

**2015 Recipients**
**David & Karen Brown** were an integral part of the Great Australian Bike Ride (March-October, 2009) as the key offsiders to Ride Coordinator, Geoff Kennedy. Along with Geoff’s wife Jennifer, they formed a great team and completed the ride successfully. Since then David and Karen have remained involved in numerous bike rides – some supporting ARH. The 2016 fundraising from this ride, will reach $1 million in total donations since it started.
Dick White District Achievement Award
This Award is bestowed in honour of Past Australian Rotary Health Director, PDG Dick White, who dedicated a long service to Australian Rotary Health, including his tireless efforts as Chairman of the Rotary Health Safari and the Great Australian Bike Ride.

Presented annually to the nominated District’s Governor at the ARH AGM. Selection is made by the Executive Committee of ARH, in conjunction with Dick White or his representative. Criteria includes the hosting of a major promotional event, a significant increase in donations, a significant increase in Friends of ARH or other major contribution.

Past Recipients
2010: District 9810, Vic, for their annual bike ride to District Conference.
2011: District 9680, NSW for their financial contribution to Australian Rotary Health, particularly during 2011.
2012: District 9550, Queensland, for their major annual fundraising event, Banish the Black Dog Ride.
2013: District 9830, Tasmania for initiatives including Sally’s Ride, The Ulverstone Health Expo & their many Funding Partner PhD Scholarships.
2014: District 9675, introducing the ARH Golden Microscope Award & support for Indigenous Health Scholarships, Funding Partner PhD Scholarships.

2015 Recipient
District 9650 to acknowledge the support of District Governors and, in particular, their partners for naming ARH as the “Partner Project” in each consecutive year from 2011/12 to 2015/16 and before that in 2008/2009 and 2006/2007. The support from this fundraising has supported multiple research and scholarship projects and has made a significant contribution to donations not only in the District but also in Australia.
AWARDS
Award for Knowledge Dissemination in Mental Health
Australian Rotary Health sponsors an annual award for knowledge dissemination through the Society for Mental Health Research (SMHR). The award is given to a person who has shown outstanding service in the promotion of evidence-based interventions, implementing them into practice or making the public more aware of their existence.

Research has produced a large body of evidence-based knowledge about effective treatments. However, many who would benefit from these treatments are often unable to access them as they are not made routinely available. Open to all clinicians, researchers, consumers and organisations, the awardee is given a plaque and expenses of attending and presenting their research at the annual SMHR meeting. The winner is available to address Rotary meetings in the 12 months after accepting the award.

Past Recipients
2008 Professors Helen Christensen & Kathy Griffiths
2009 Professor Perminder Sachdev
2010 Betty Kitchener
2012 Professor Jan Copeland
2013 Dr Marie Yap
2014 Dr Lexine Stapinski

2015 Recipient
Professor Eóin Killackey has addressed a major gap in employment and education for young people with mental illness, through an intervention called ‘Individual Placement and Support’. The research team at the Functional Recovery Research Unit, Victoria, conducted workshops with Clinicians internationally, producing manuals, webinars and training, as well as gained $16.7 million in Government funding to expand the program nationally. They gained mainstream awareness of the program through media, to reduce stigma around mental illness.
AWARDS

Awards for Research Excellence in Prevention

The Australian Rotary Health-Alliance for the Prevention of Mental Disorders (ARH-APMD) awards recognise excellence in research in the area of prevention of mental disorders, for researchers whose work is beginning to make a significant impact, reflecting either scientific excellence or public impact (or both). There are three categories:

PhD Candidate Award
The applicant will be a PhD candidate who has published one or more peer-reviewed journal articles in the area of prevention of mental disorders. Applicants who have been awarded a PhD will also be eligible if the article was included as part of their PhD thesis. The awardee receives a certificate and $1000.

2015 Winner: Katrina Chapman, University of New South Wales

Early Career Researcher Award
The applicant will be an early career researcher working in the area of prevention of mental disorders. The applicant will be less than 5 years since their doctoral thesis was passed. The awardee receives a certificate and $1500.

2015 Winner: Dr Nicola Newton, University of New South Wales

Mid-Career Researcher Award
The applicant will be a mid-career researcher working in the area of prevention of mental disorders. The applicant will be less than 10 years since their doctoral thesis was passed. Career disruptions need to be justified. The awardee receives a certificate and $2000.

2015 Winner: Associate Professor Nicholas Cherubuin, Australian National University
ABOUT US

RESEARCH HISTORY

Australian Rotary Health has funded over $36 million of research into a range of health and medical areas. As national health priorities have changed over time, so have our research focuses.

**Sudden Infant Death Syndrome (Cot Death)**
1986-1994

**Environmental Health Problems of the Aged**
1989-1995

**Adolescent Health**
1993-1996

**Family Health**
1996-1999

**Ross River Virus**
1998-2000

**First Aid, Pre-hospital Treatment**
1999-2001

**Mental Health**
2000-2011

**Mental Health of Young Australians**
2012 to present

**Prevention of Mental Health Disorders**
2013 to present
NEW PTSD RESEARCH

National Scholarships in Veterans PTSD
On ANZAC Day 2015, Australian Rotary Health announced its newest PhD Scholarship initiative the ‘Australian Rotary Health PhD Scholarship - Post Traumatic Stress Disorder in Service Personnel and their Families’.

The inaugural PTSD PhD Scholarship was awarded to Kristin Graham at the Centre for Traumatic Stress Studies, University of Adelaide, South Australia. Ms Graham is investigating the link between common physical health symptoms and the development of mental illness.

The second scholarship as part of this initiative is the ‘Rotary Club of Ballarat South PTSD Scholarship’. Rebecca Sheriff, Centre for Traumatic Stress Studies at the University of Adelaide, will study the link between common mental disorders and traumatic stress - to more effectively screen, monitor, treat and support those in the Australian Defence Force.

Future plans are for ARH to jointly fund A PhD Scholarship with the RSL – ‘ARH & RSL Scholarship in PTSD in service personnel and their families’.

District Scholarship - PTSD in Emergency Service Workers
In October 2015 ARH announced co-funding with District 9675 for a Funding Partner PhD Scholarship researching PTSD in Emergency Services. Research will look at in-depth ways workers experience PTSD and alleviate the mental health burden on our Emergency Services.

Police, fire and ambulance officers are regularly exposed to traumatic events, and it is estimated that 10 per cent of current emergency service workers have PTSD. The new PTSD in Emergency Services PhD Scholarship will be advertised in March 2016 for commencement later in the year.
RESEARCH FOCUS

Overview
Australian Rotary Health is one of the largest funding bodies of mental health research in Australia. We also provide funding into a broad range of general health areas. Our current research programs include:

- Mental Health Research Project Grants
- Ian Scott PhD Research Scholarships (mental health)
- Postdoctoral Research Fellowships (mental health)
- Funding Partner PhD Research Scholarships (general health)
- Research Companion PhD Research Scholarships (general health)
- Special Research Grants (general health, collaborative funding)

Research Focus: Mental Health
Since 2000, Australian Rotary Health has directed the bulk of its funding towards mental health research. In 2010 we specified this focus to the Mental Health of Young Australians aged 0-25 years. In 2013 this also included the prevention of mental disorders.

Prevalence and Stigma
Almost 50% of Australians will experience a mental disorder during their lifetime. This includes depression, anxiety, Bipolar Disorder, schizophrenia, eating disorders, paranoia and many more.

The annual cost of mental illness in Australia has been estimated at $20 billion, which includes the cost of lost productivity and labour force participation.

Mental illness is the leading cause of sickness absence and long-term work incapacity.
The Funding Gap
According to the World Health Organisation, one of the most significant barriers to improving mental health treatments is the absence of mental health from the public health agenda and the implications for funding.

Research funding largely depends on government or private funding which can be easily affected by political policy and the economic climate. Therefore, Australian Rotary Health established a permanent “fund” to offer funding for research on a reliable basis.

Australian Rotary Health is dedicated to continuing worthwhile contributions to community health in Australia. Through research, education and awareness, we hope to reduce the myths, misunderstandings, negative attitudes and stereotypes of mental illness that result in stigma, isolation and discrimination.

Success So Far
Australian researchers have played a crucial role in appraising and transferring new technology from overseas for the benefit of all Australians. They have found successful cures, treatments and preventative therapies which have improved the lives of many, both locally and around the world.

The success of funding from Australian Rotary Health is attributed to the donations it receives from generous supporters, particularly Rotarians and Rotary clubs in Australia.

Read about specific research projects we have funded, and currently fund, in the future pages of this booklet.
ABOUT US

HOW IS FUNDING AWARDED?

Applications for all mental health funding opportunities are advertised in the Australian Medical Journal each year, and notified to all Australian universities and other research institutions.

**Mental Health Research Project Grants**

Since 2000, Australian Rotary Health has provided funding into Mental Illness through research project grants. In 2012 the focus narrowed to the Mental Health of Young Australians. Grants are currently awarded to projects up to $70,000 per annum.

Projects can be three years in duration but funding must be renewed each year after a progress report has been provided. Each project goes through an intensive review process with progress for the first year being a major consideration for renewal for the second and third years.

All grants are assessed and graded by the Research Committee at an annual meeting, currently held in October.

**Postdoctoral Fellowships**

Since 2013, these projects now focus solely on the Prevention of Mental Health Disorders. Up to four Postdoctoral Fellowships are offered at various times – the Royce Abbey Fellowship, the Geoffrey Betts Fellowship, the Colin Dodds Fellowship and the Bruce Edwards Fellowship. These fellowships are for three years and are currently valued at $75,000 per year. Again, progress reports must be provided to ensure continuing funding.

Fellowship applicants will undergo an interview and selection process by various members of the Research Committee, at the annual meeting.
**PhD Scholarships**

Australian Rotary Health offers Ian Scott PhD Scholarships in the area of mental health, named after the founder of Australian Rotary Health. The scholarships are for three years and are currently valued up to $29,000 per year and paid as a tax-free stipend. In special circumstances, the scholarship can be extended to 3.5 years. Progress reports must be provided. Applicants undergo an interview by members of the Research Committee in November.

**Funding Partner PhD Scholarships - Available in health areas nominated by a Rotary partner**

The Funding Partner PhD Scholarship program was introduced in 2004 to enable Rotarians the opportunity to support research in their chosen health area. It involves a 3.5 year commitment to a donation, from the Rotary. All Funding Partner PhD Scholarships also include a contribution from the university at which the successful applicant conducts their research.

The co-contribution for funding is:
- Rotary Partner $11,000 per year
- University $11,000 per year
- Australian Rotary Health $7,000 per year

All Funding Partner PhD Scholarships are managed by Australian Rotary Health and are advertised directly to universities and research institutions in the geographical area nominated by the Rotary Partner. The Rotary Partner selects the area of health – which must be kept relatively broad to enable a competitive selection.

All applications are assessed by various members of the Research Committee or other relevant medical professionals in the chosen area of health, with the final selection made by Australian Rotary Health.
RESEARCH FUNDING HISTORY

Through research grants allocated by Australian Rotary Health, Australian researchers have received over $36 million since 1985.

<table>
<thead>
<tr>
<th>Year</th>
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<td>2015</td>
<td>$3,249,493</td>
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<td>2016</td>
<td>$2,945,000</td>
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**TOTAL** $36,170,142
IAN SCOTT PHD SCHOLARSHIPS: 2000-2016

In 2000, the Ian Scott PhD Scholarship was created to honour and recognize the founder of Australian Rotary Health. The late Ian Scott (1933-2001) had a broad vision to improve the health of all Australians, beginning with the cause and prevention of Sudden Infant Death Syndrome.

Ian Scott PhD Scholarships are awarded annually for up to 3.5 years, to the value up to $29,000, for scholars researching a chosen area of mental health.

**Screening of high risk families with infants**  
Caroline De Paola BA, M. Ed. Psych.  
University of Melbourne, Vic.  
2000

**Mental health promotion for a community based program for the prevention of mental health problems in Aboriginal young people**  
Melinda Andrews  
Curtin University, WA  
2002

**Brain mechanisms of attention problems in people with schizophrenia & bipolar disorder**  
Nathan Clunas  
Liverpool Hospital, NSW  
2002

**Effects of Estrogen on Cognitive Function**  
Cali Bartholomeusz  
Swinburne University of Technology, Vic.  
2003

**Williams Syndrome, Autism, Asperger’s Syndrome & Down Syndrome: Are there Genes for Social & Emotional Functioning?**  
Melanie Porter  
Macquarie University, NSW  
2003
Identifying the toxic principle in Alzheimer’s Disease 2004
Christine Mavros 2005
University of Melbourne, Vic. 2006
2007

Using genetics to increase smoking cessation 2004
Katherine Morley 2005
University of Queensland, Qld. 2006
2007

The relationship between mood & anxiety disorders & nutrition 2005
Felice Jacka 2006
University of Melbourne, Vic. 2007
2008

School Interaction Study: Bullying in High Schools 2005
Kirstin Barchia 2006
Macquarie University, NSW 2007

Nicotinic Neuroreceptor imaging with PET in normal Ageing & Alzheimer’s Disease 2005
Julia Ellis 2006
Swinburne Institute of Technology, Vic. 2007

The neural basis of emotion processing deficits in conduct disorder 2006
Donna Palmer 2007
University of Sydney, NSW 2008

An investigation of a developmental animal model of schizophrenia combined with postnatal & adolescent stress: A pharmacological & behavioural study 2006
Kwok Ho (Christopher) Choy 2007
Mental Health Research Institute/University of Melbourne, Vic.

Investigations into understanding the role of PP2C-delta in psychiatric illness 2006
Simone Boer 2007
Mental Health Research Institute/University of Melbourne, Vic.

An fMRI investigation into the fronto-parietal brain function in Attention Deficit Hyperactivity Disorder 2006
Timothy Silk 2007
Monash University, Vic.
<table>
<thead>
<tr>
<th>Title</th>
<th>Year</th>
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<tbody>
<tr>
<td>Consumer priorities for depression &amp; bipolar disorder</td>
<td>2007</td>
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<tr>
<td>Michelle Banfield</td>
<td>2008</td>
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<tr>
<td>Australian National University, ACT</td>
<td>2009</td>
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<td>2010</td>
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<tr>
<td>The role of Muscarinic receptors in the pathology of schizophrenia</td>
<td>2007</td>
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<td>Tammie Money</td>
<td>2008</td>
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<td>Mental Health Research Institute, Vic</td>
<td>2009</td>
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<td></td>
<td>2010</td>
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<tr>
<td>Improving the management of acute agitation in the Emergency Department - A multicentre randomised controlled trial</td>
<td>2008</td>
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<tr>
<td>Esther Chan</td>
<td>2009</td>
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<td>Monash University, Vic.</td>
<td>2010</td>
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<td></td>
<td>2011</td>
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<tr>
<td>Does early developmental disruption make the brain more vulnerable to the effects of cannabis?</td>
<td>2008</td>
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<tr>
<td>Amy Dawson</td>
<td>2009</td>
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<tr>
<td>University of Wollongong, NSW</td>
<td>2010</td>
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<td></td>
<td>2011</td>
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<tr>
<td>The importance of insight into negative mood, stressful experiences &amp; coping strategies in the prevention &amp; early intervention of adolescent mood disorders</td>
<td>2008</td>
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<tr>
<td>Sylvia Kauer</td>
<td>2009</td>
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<td>Murdoch Children’s Research Institute, Vic.</td>
<td>2010</td>
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<tr>
<td>Suicide in Countries of the Western Pacific Region: The impact of Globalisation on Trends of Fatal Suicidal Behaviour</td>
<td>2008</td>
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<tr>
<td>Allison Milner</td>
<td>2009</td>
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<td>Griffith University, Qld.</td>
<td>2010</td>
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<td>2011</td>
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<tr>
<td>Shared decision making for young people with depressive disorders: Development &amp; feasibility testing of a decision aid</td>
<td>2008</td>
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<tr>
<td>Magenta Simmons</td>
<td>2009</td>
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<tr>
<td>University of Melbourne, Vic.</td>
<td>2010</td>
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<td></td>
<td>2011</td>
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<tr>
<td>Mental Health First Aid for Eating Disorders: Development of first aid guidelines &amp; an Intervention for the public</td>
<td>2009</td>
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<tr>
<td>Laura Hart</td>
<td>2010</td>
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<tr>
<td>University of Melbourne, Vic.</td>
<td>2011</td>
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<tr>
<td><strong>Attention &amp; Mental Health outcomes in extremely low birth weight/very premature infants: An fMRI study of adolescents</strong></td>
<td>2009</td>
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<td>Karissa Searle</td>
<td></td>
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<td>University of Melbourne, Vic.</td>
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<tr>
<td><strong>Gamma frequency oscillations and the NMDA receptor hypofunction hypothesis of schizophrenia: Exploring functional disconnections in psychosis</strong></td>
<td>2011</td>
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<tr>
<td>Paul Anderson</td>
<td></td>
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<td>University of Melbourne, Vic.</td>
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<tr>
<td><strong>The role of the metabotropic glutamate 5 and adenosine 2A receptors in methamphetamine addiction</strong></td>
<td>2012</td>
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<td>Rose Chesworth</td>
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<td>Florey Neuroscience Institutes, Vic.</td>
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<tr>
<td><strong>Environmental and Biological factors influencing everyday social intervention impairments in young children with autism and children with traumatic developmental experiences</strong></td>
<td>2011</td>
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<tr>
<td>Carmel Sivaratnam</td>
<td></td>
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<td>Monash University, Vic.</td>
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<tr>
<td><strong>Can adjunctive treatment with raloxifene reverse schizophrenia-related deficits in brain activity?</strong></td>
<td>2011</td>
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<tr>
<td>Ashley Jayne Skilleter</td>
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<tr>
<td>Neuroscience Research Australia, NSW</td>
<td></td>
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<tr>
<td><strong>Understanding the psychosocial sequelae of surviving testicular cancer</strong></td>
<td>2011</td>
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<tr>
<td>Allan ‘Ben’ Smith</td>
<td></td>
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<tr>
<td>University of Sydney, NSW</td>
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<tr>
<td><strong>Redox Biology and Autism</strong></td>
<td>2011</td>
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<tr>
<td>Kristi-Ann Villagonzalo</td>
<td></td>
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<tr>
<td>University of Melbourne, Vic.</td>
<td></td>
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<tr>
<td><strong>Lingo-1 signalling pathway: an emergent role in schizophrenia pathophysiology</strong></td>
<td>2013</td>
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<tr>
<td>Jessica Andrews</td>
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<tr>
<td>University of Wollongong, NSW</td>
<td></td>
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<tr>
<td><strong>Mapping whole-brain connectivity networks in schizophrenia</strong></td>
<td>2013</td>
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<tr>
<td>Maria Di Biase</td>
<td></td>
</tr>
<tr>
<td>University of Melbourne, Vic.</td>
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</tbody>
</table>
Investigating the impact of dietary improvement as a treatment strategy in mental health 2013
Siobhan Housden
Deakin University, Vic.

Managing depression within low vision rehabilitation services: the effectiveness of integrating an evidence-based therapy ‘Problem-Solving Therapy for Primary Care’ on depression, quality of life and service utilisation in those with low vision 2013
2014
2015
2016
Edith Eva Holloway
University of Melbourne, Vic.

Metabotropic Glutamate Receptor 5 in the Pathology and Treatment of Schizophrenia 2013
2014
Natalie Matosin
University of Wollongong, NSW

Impacts of prenatal alcohol and drug exposure on infant cognitive development 2013
2014
2015
Clare McCormack
National Drug and Alcohol Research Centre, NSW

The development of an effective response for the management of suicidality in primary care for patients with depressive symptoms 2013
2014
2015
2016
Aves Middleton
University of Melbourne, Vic.

Do depression and anxiety complicate the risks and treatment outcomes for individuals living with chronic pain? 2013
Anika Martin
National Drug and Alcohol Research Centre, NSW

Cognition in First Episode Psychosis: Mapping Relationships between Task Performance, Brain Changes and Symptoms 2013
2014
2015
Annie Brennan
Brain Dynamics Centre/University of Sydney, NSW

The relationship between social phobia, depression and substance use disorders. The impact on treatment outcomes 2014
2015
2016
Katrina Prior
University of New South Wales, NSW
The development and evaluation of a combined parent and student internet-based substance use prevention program for Australian adolescents
Zoe Tonks
University of New South Wales, NSW

Endometriosis and women’s mental health
Kate Young
Monash University, Vic.

Neurobiological investigation of interstitial white matter neurons in a maternal immune activation model of schizophrenia
Ryan Duchatel
University of Newcastle, NSW

Positive allosteric modulation of metabotropic glutamate receptor 5 in the treatment of schizophrenia
Jeremy Lum
University of Wollongong, NSW

Effects of antipsychotic drug treatment in young rats on dopamine receptors
Michael De Santis
University of Wollongong, NSW

The experience of loneliness in the Australian homeless population
Marlee Bower
University of Western Sydney, NSW

Reward Sensitivity Theory in Trichotillomania
Reneta Slikboer
Swinburne University of Technology, Vic.

Depression management for individuals with comorbid alcohol dependence
Breanne Hobden
University of Newcastle, NSW

Development and evaluation of a novel community-based intervention to reduce cannabis use and associated harms among high risk adolescents
Lisa Webb
University of New South Wales, NSW
FUNDING PARTNER PHD SCHOLARSHIPS: 2004-2016

Funding Partner PhD Scholarships are funded by three parties: a Rotary Club or District, a University and Australian Rotary Health. They provide funding partners, particularly Rotarians, with an opportunity to contribute to research in an area that is of particular or personal interest to them.

Scholars receive a tax free stipend of up to $29,000 per year while completing a research project relevant to their area of expertise.

**Adolescent Health**

**Social Media and Adolescent Development** 2014
District 9690 2015
Larissa Lewis
University of Sydney, NSW

**Adult Leukaemia**

**Assessment of the importance of the tubulin targeting ability of arsenic compounds for developing arsenic anti-leukaemia drugs** 2007
Ian & Jean Simpson Family Scholarship/Rotary Club of Orange North, NSW D9700 2008
Kristie Munro 2009
University of Wollongong, NSW 2010

**Alzheimer’s Disease**

**The role of Vesicular Glutamate and GABA transporters in Alzheimer’s Disease** 2009
Chris & Gerry Ellis 2010
Rotary Club of Samford Valley, Qld. D9600 2011
Crystal Higgs 2012
University of Queensland, Qld.

**Structure, function and interactions of Hsp20 with Hsp27 and alphaB-Crystallin: Potential implications in Neurodegenerative disease** 2012
The Henning Family 2013
Blagojce Jovcevski 2014
University of Wollongong, NSW 2015
Risk factors for Alzheimer’s disease - does lysosomal dysfunction play a role?
Rotary Club of Adelaide, SA D9500
Lauren Whyte
University of Adelaide, SA

**Arthritis**

The role of Activated Protein C in the activation of colagenolytic matrix metalloproteinases in normal and pathological cartilage turnover
Melvin Gray Arthritis Scholarship
Rotary Club of Blacktown, City NSW D9690
Miriam Jackson
Royal North Shore Hospital, NSW

**Autism**

The underpinnings of social dysfunction in autism and Williams Syndrome: from genes to brain to hormones
Rotary Club of Illawarra Sunrise, NSW D9675
Kelsie Boulton
Macquarie University, NSW

Active Kids: A comprehensive biopsychosocial understanding of factors that enhance and hinder physical activity, social engagement and motor development in children with ASD
Rotary Club of Illawarra Sunrise, NSW D9675
Simone Thomas
Deakin University, Vic.

**Auto-immune Disease**

Function and Phenotype of CD8 T-cells
Basil Shaw Scholarship
Rotary Club of Toowong, Qld. D9600
Simon Apte
Queensland Institute of Medical Research, Qld.

**Bipolar Disorder**

Assessing an Online Psychotherapy Program for Bipolar Disorder
The Ian Parker Bipolar Fund PhD Scholarship
Emma Gliddon
Deakin University, Vic.
**Bowel Cancer**

Comparing the patterns of proteins found in colorectal cancer tissue to assist in more efficient screening for cancer. More accurate diagnosis and more effective treatment

Districts 9640 & 9650 Bowelscan
Dr. Francis Lam
University of Sydney, NSW

**Screening for psychological distress amongst people with bowel cancer: application of a new screening tool**

Districts 9640 & 9650 Bowelscan
Deepa Chauhan
University of Sydney, NSW

**The effect of Vascular Targeting Agents in the treatment of Colorectal Liver metastases**

District 9780 Bowelscan
Lisa Chan
University of Melbourne, Vic.

**The effect of ACE inhibitors and angiotensin II receptor antagonists in a mouse model of colorectal cancer liver metastases**

District 9650 Bowelscan
Jaclyn Huimin
University of Melbourne, Vic.

**Literature mining for published DNA variants of genes predisposing to Bowel Cancer**

District 9780 Bowelscan
Timothy Smith
Howard Florey Institute, Vic.

**Limitations of vascular disrupting agent (VDA) Oxi4503 in treatment of tumours**

District 9650 Bowelscan
Linh Nguyen
Austin Health, Vic.
Characterising the role of activating transcription factor 3 in the progression of Colorectal Cancer 2008
District 9650 Bowelscan 2009
Matthew Thompson 2010
Monash University, Vic. 2011

Assessing the value and usefulness of a cancer-registry based systematic approach to advising first degree relatives of colorectal cancer patients about their risks and need for screening 2008
District 9650 Bowelscan 2009
Ryan James Courtney 2010
University of Newcastle, NSW 2011

The Renin-Angiotensin System and Kupffer Cells in Colorectal Liver Metastases 2009
Districts 9640 & 9650 Bowelscan 2010
Shu Wen Wen 2011
University of Melbourne, Vic. 2012

The expression and the role of the Renin-Angiotensin System in Liver Regeneration and Tumour Stimulation 2009
District 9640 & 9650 Bowelscan 2010
Shir Lin Koh 2011
University of Melbourne, Vic. 2012

Elucidating genetic predispositions to Hereditary Non-Polyposis Colorectal Cancer (HNPCC) 2011
District 9650 Bowelscan 2012
Amy Louise Martin 2013
Hunter Medical Research Institute, NSW 2014

Inflammatory determinants for colorectal cancer treatment 2011
District 9640 Bowelscan 2012
Phuoc Thien Huynh 2013
University of Sydney, NSW 2014

Understanding oncogenic PI3K signalling in colorectal cancer - from function to therapy 2012
District 9780 Bowelscan 2013
Michelle Palmieri 2014
Walter and Eliza Hall Institute for Medical Research, Vic. 2015
Investigation of carcinogenesis pathways in colitis-associated colorectal cancer 2013
District 9830 Bowelscan 2014
Sarron Randall-Demllo 2015
University of Tasmania, Tas. 2016

Improving uptake of colorectal screening among primary care attendees 2015
Rotary District 9650 Bowelscan 2016
Natalie Dodd
University of Newcastle, NSW

Brain
Targeting pro-invasive signaling network to overcome resistance to standard therapy in Glioblastoma 2015
Ann Henderson Scholarship 2016
Rotary Club of Templestowe, Vic D9810 and Dine For A Cure
Thomas Ware
University of Melbourne, Vic.

Proton Radiotherapy for Brain Tumours 2008
Riverside Clubs, NSW D9680 2009
Stephen Dowdell 2010
University of Wollongong, NSW 2011

Unravelling the complexity of glioblastoma relapse and drug resistance 2009
Ian McNair Scholarship 2010
Rotary Club of North Sydney, NSW D9680 2011
Dan Lu 2012
University of New South Wales, NSW 2013

Modulation of microglial function by glioblastoma stem cell-derived exosomes 2015
Rotary Club of Caringbah, NSW D9680 2016
Susannah Hallal
University of Sydney, NSW

Breast Cancer
Identification of the mechanisms of hormone-mediated sphingosine kinase activation in Breast Cancer 2008
Rotary Club of Parramatta City, NSW D9690 2009
Elise Jackson 2010
Centenary Institute, NSW 2011
Role of androgens via AR in PTEN inactivation induced female reproductive pathology 2012
David Henning Foundation 2013
Rotary Clubs of Parramatta City, NSW D9675 & Dural, NSW D9685 2014
Jaesung Peter Choi 2015
ANZAC Research Institute, NSW 2016

**Cerebral Palsy**
A randomised controlled trial of progressive resistance training and functional training on muscle properties and mechanical gait deficiencies in youth with spastic type cerebral palsy 2014
Rotary Club of St Ives, NSW D9685 2015
Jarred Gillett 2016
University of Queensland, Qld.

**Childhood Cancer**
Biomarker analysis in paediatric tumours diagnosed within a single institution 2010
Rotary Club of Adelaide, SA, D9500 2011
Le Myo Thwe 2012
Children’s Hospital at Westmead, NSW 2013

A novel mechanism for sustained proliferation of neuroblastoma cells 2014
Harry Banks Sutherland Rotary Scholarship, NSW D9675 2015
Rebecca Dagg 2016
Children’s Hospital at Westmead, NSW 2017

Genetically-modified neural stem cell lines as pre-clinical models of paediatric brainstem tumours 2015
Rotary Club of Sunbury, Vic. D9790 & the Isabella and Marcus Peadiatric Miette Skiller Scholarship 2016
Richa Kohli 2017
Monash University, Vic.

**Children’s Health**
Bullying, mental health and help seeking in high school students: predictors over time and an evaluation of an intervention designed to address bullying 2007
Rotary Clubs of Hamilton, Brisbane Highrise, Qld. D9600 & Stones Corner, Qld. D9630 2008
Erin Wolfe 2009
University of Queensland, Qld. 2010
Integrative data mining and visualisation of genome-wide SNP profiles in childhood acute Lymphoblastic Leukaemia 2007
Rotary Club of Dural & D9680 2008
Ahmad Ali Aloqaily 2009
University of Technology, Sydney, NSW 2010

Changing the face of craniosynostosis 2007
Hansen Yuncken Pty Ltd — Corporate 2008
Victoria Leitch 2009
Child Health Research Institute, SA 2010

Detection and Prevention of early atherosclerosis in children with fetal growth restriction 2014
Rotary Club of Blacktown City, NSW D9675 2015
Yang Kong 2016
University of Sydney, NSW

Epidermolysis Bullosa (Skin Disease) 2016
Kerry Anderson District 9650 Scholarship
District 9650
Recipient TBC

Impact of health services on infants in rural and remote parts of Australia 2015
Rotary Club of Manly, NSW D9865 and Royal Far West 2016
Mohammad Basim Al-Ansari
University of Sydney, NSW

Dementia
Characterisation of episodic memory deficits in frontotemporal dementia and Alzheimer’s disease 2010
The Ron Nichol Scholarship 2011
Rotary Club of Glenhaven, NSW D9680 2012
Marshall Axel Dalton
Neuroscience Research Australia, NSW 2013

Towards a decision-making framework for behavioural problems in residential dementia-care facilities 2014
Rotary Club of West Wollongong, NSW D9675 2015
Catherine Kubel
University of Wollongong, NSW 2016
**Depression**

Understanding the ‘in-vivo’ mechanisms underpinning the anti-inflammatory and neuroprotective effects of omega-3 fatty acids: a Magnetic Resonance Spectroscopy study.

Rotary Club of Parkes, NSW D9700
Shantel Leigh Duffy
University of Sydney, NSW

Developing science-based guidelines to overcome barriers which impede university students’ help-seeking, & engagement in existing initiatives, for low intensity depression symptoms

David Henning Memorial Foundation Scholarship
Rotary Club of Parramatta City, NSW D9690
Ann Badger
University of Wollongong, NSW

**Depression**

David Henning Memorial Foundation
Recipient TBC

**Diabetes**

The differentiation of human embryonic stem cells into insulin producing beta cells on 3D biodegradable scaffolds

Diane Erskine/Rotary District 9680 Scholarship
Steven Gao
University of New South Wales, NSW

Investigating the Adverse Effects of Matrix Metalloproteinases in Diabetic Wound Healing

Diane Erskine/Rotary District 9680 Scholarship
Shin Yi (Taria) Ng
University of Sydney, NSW

The effect of different dietary fatty acids and weight loss on endocannabinoid and adiponectin signalling in the skeletal muscle

Rotary Club of Ballarat South, Vic. D9780
Anna Roy
Victoria University, Vic.
**Epilepsy**
PMX53 as a potential antiepileptic drug with both anti-convulsant and neuroprotective properties  
Rotary Club of Koo Wee Rup/Lang Lang, Vic. D9820  
Melissa Benson  
University of Queensland, Qld.

**Gastro Intestinal Cancer**
Developing and assay to determine inherited risks in Colorectal Cancer for population screening  
Esme Harris Gastro Intestinal Research Scholarship  
Rotary Club of Melbourne South, Vic. D9800  
Justine Marum  
Murdoch Children’s Research Institute, Vic.

**Gene Studies**
Epigenetics  
Terry Orr Memorial Fund  
Recipient TBC

Genomics and Nutrigenomics and its Effect on Methylation  
Terry Orr Memorial Fund  
Recipient TBC

**Gynaecological Oncology**
Biology of circulating tumour cells in patients with advanced ovarian cancer: Does Epithelial to Mesenchymal Transition (EMT) contribute to chemoresistance?  
Rotary Club of Liverpool West NSW D9675  
Joseph Po  
University of Western Sydney, NSW

**Heart Disease**
Familial cardiomyopathy and severe heart failure caused by multiple gene mutations: from molecular pathogenesis to disease prevention  
Rotary Club of Parramatta City, NSW D9690  
Rhian Shephard  
Centenary Institute, NSW
**HIV/AIDS**

**Novel approaches to HIV testing for men who have sex with men**
- Rotary Club of Sydney CBD, NSW D9675
- Dr Damian Conway
- Kirby Institute, NSW

**Kidney Disease**

**The molecular roles of Kruppel-like transcription factors in regulating endothelial activation in diabetic nephropathy**
- The Rodney Tilden, Ted Atkinson & Bob McCullum Kidney Disease Scholarship
- Rotary Clubs of Kellyville, Dural, Kurrajong & Gladesville, NSW D9680
- Owen Tang
- Royal North Shore Hospital, NSW

**Chronic Kidney Disease**

- Rotary Club of Liverpool West, NSW D9690
- Recipient TBC

**Improving the outcomes of children with end stage kidney disease**
- Jack Wilson Kidney Research Scholarship – Rotary District 9650
- Dr Anna Fancis
- University of Sydney, NSW

**Liver Metastases**

**The influence of BORIS on tumour development liver metastases**
- Fred Barbagallo Scholarship
- Rotary Club of Dural, NSW D9680
- Jessamy Tiffen
- University of Sydney, NSW

**Malaria**

**Identification of mechanisms that cause the lung complications in severe malaria**
- District 9650
- Leia Hee
- University of Sydney, NSW
**Melanoma**

**Determining the molecular mechanisms of B-RAF/MEK inhibitor resistance in Melanoma**

The Gordon Braid Melanoma Research Scholarship

Rotary Club of Wollundry Wagga Wagga, NSW D9700

Dr. Matt Carlino

University of Sydney, NSW

**Pharmacological impacts to development of keratinocyte cancers: Qskin and Health Study**

Rotary Club of Toowong, Qld. D9600

Chiho Maranushi

University of Queensland, Qld.

**Identify the mechanism of the G2 phase UV checkpoint and repair response commonly defective in melanoma**

Rotary Club of Toowong, Qld. D9600

Mareike Dahmer-Heath

University of Queensland, Qld.

**Melanoma**

Rotary Club of Kiama, NSW D695 & Rotary Club of Gerringong, NSW D9675

Recipient TBC

**Mental health**

**The relationship between childhood adversities, childhood mental health problems and learning behaviours**

Rotary Club of Adelaide, SA D9500

Amelia Searle

University of Adelaide, SA

**An investigation into the mental health needs of adolescents in rural areas of South Australia**

Rotary Club of Holdfast Bay, SA D9520

Marijeta Kurtin

University of Adelaide, SA

**Impact of depression, substance abuse and its treatment using oxytocin: An animal and human research study**

Rotary Club of Crows Nest, NSW D9685

Daniel Quintana

University of Sydney, NSW
Untangling the co-morbidity: substance use and mental health in young Australians
The David Henning Memorial PhD Scholarship
The Henning Family D9675
Louise Birrell
National Drug & Alcohol Research Centre, NSW

Motor Neurone Disease (MND)
Understanding excitotoxicity and neuron death in MND with focus on the axonal cytoskeleton
Rotary Club of Deloraine, Tas. D 9830
Anna King
University of Tasmania, Tas.

Mechanisms of Nocturnal Hypoventilation in MND
Rotary Clubs of Belvoir/Wodonga, Vic. D. 9790 & Carlingford, NSW D9680
Jennica Winhammar
University of Sydney, NSW

The role of the unfolded protein response in MND
Margaret Roberts Motor Neurone Disease Scholarship
Rotary Club of Bendigo South, Vic. D 9800
Adam Walker
Howard Florey Institute, Vic.

Astrocytic glutamate transporters: An unexpected target for the management of MND
Margaret Roberts Motor Neurone Disease Scholarship
Rotary Club of Bendigo South, Vic. D 9800
Rebecca Sheean
Howard Florey Institute, Vic.

Kinase control of FUS and TDP-43 accumulation in MND
Margaret Roberts Motor Neurone Disease Scholarship
Rotary Club of Bendigo South, Vic. D 9800
Janine James
University of Melbourne, Vic.

Elucidating the role of extracellular mutant SOD1 in activation of glial cells and motor neurone cell death in ALS
Rotary District 9685
Kate Roberts
University of Wollongong, NSW
The role of protein aggregation and inclusions in MND pathology 2011
Lloyd Binet Rotary PhD Scholarship 2012
Rotary Club of Hunters Hill, NSW D9685 2013
Rebecca Brown 2014
University of Wollongong, NSW 2016

Are proteostasis defects responsible for Amyotrophic Lateral Sclerosis 2013
Rotary Club of Dural, NSW D9685 2014
Isabella Lambert-Smith 2015
University of Wollongong, NSW 2016

Modelling sporadic Amyotrophic Lateral Sclerosis (ALS) using induced pluripotent stem cells from ALS patients 2014
Monique Bax 2015
Rotary Club of Cronulla, NSW D9675 2016
University of Wollongong, NSW

Motor Neurone Disease 2016
Rotary Club of Cronulla, NSW D9695
Recipient TBC

Multiple Sclerosis
Investigating brain repair in people with Multiple Sclerosis 2004
District 9800 MS Awareness Committee 2005
Vilija Jokubaitis 2006
University of Melbourne, Vic. 2007

Characterising the roles of gp130 receptors and SOCS3 upon neural precursor mediated remyelination of the demyelinated central nervous system 2009
The Fenwick Scholarship 2010
Rotary Club of Whyalla, SA D9500 2011
Jo Anne Schinke Stratton 2012
Howard Florey Institute, Vic.

Characterising the genetic regulation of cellular repair responses following oligodendrocyte apoptosis & dysfunction info mouse models of central nervous system demyelination 2006
Rotary Club of Pakenham, Vic. D9820 2007
Laura-Jane Oluich 2008
University of Melbourne, Vic.
Multiple Sclerosis
Rotary Club of Gisborne, Vic. D9800
Recipient TBC

Neuro Degenerative Disease
Inhibition of APP and APLP2 using siRNA to investigate protein function and Alzheimer’s Disease
The Hooton Family, NSW D9680
Judith Allen-Graham
Alfred Hospital/Monash University, Vic.

Oncology
Targeting Metabolism in RAS Driven Malignancies
Rotary Club of Cheltenham, Vic. D9810 & The John Richardson Fund
Aparna Rao
University of Melbourne, Vic.

Other Cancer
Role of Nol6 in ribosomal biogenesis and cancer
The Basil Shaw Scholarship
Rotary Club of Toowong, Qld. D9600
Pali Verma
Griffith University, Qld.

Development of novel anti-tumour agents and investigating the role of metals for treatment of cancer
Rotary Club of Liverpool West, NSW D9675
Rayan Saleh Moussa
University of Sydney, NSW

The role of secreted frizzled protein 4 and DEAD-Box Helicase DP103 on breast and brain cancer stem cells
Rotary Club of Belmont, WA D9465
Sebastian Pohl
Curtin University, WA

Cancer
Rotary Club of Richmond, Vic. D9800
Recipient TBC
**Ovarian Cancer**
The molecular mechanisms underlying cellular transformation by Tumor Protein D52 overexpression
The Suzanne Moss-White Scholarship/Rotary Club of Norwest Sunrise, NSW D9680
Austin Della-Franca
Children’s Hospital at Westmead, NSW

Investigations into genetic aberrations underlying recurrent ovarian cancer
Rotary Club of Dural, NSW D9685
Samantha Cosh
Mater Medical Research Institute, Qld.

**Parkinson’s Disease**
Biomarkers in Parkinson’s Disease
Rotary Club of Parkes, NSW D9700 & Burwood, NSW D9690
Shoshanah Longmuir
Howard Florey Institute, Vic.

Identifying the pathophysiology and neural correlates of Freezing of Gait in Parkinson’s Disease
Rotary Club of Parkes, NSW D9700
James Macquarie Shine
University of Sydney, NSW

Conserved modifiers of Parkinson’s Disease
Rotary Club of Dural, NSW D9685
Lisa Oyston
Garvan Institute, NSW

The role of type-I Interferons in Parkinson’s disease
Rotary Club of Mornington Inc, Vic. D 9820
“Ron Fallaw Memorial PhD Scholarship”
Bevan Main
University of Melbourne, Vic.

Parkinson’s Disease
Rotary District 9650
Recipient TBC
**Pancreatic Cancer**
The molecular functions of the metastasis suppressor Ndrg-1 and its potential role in the treatment of pancreatic cancer  
Fred Barbagallo Scholarship/Rotary Club of Dural, NSW D9680  
Zaklina Kovacevic  
University of Sydney, NSW

**Role of p21-activated kinases in pancreatic cancer**  
The Ian Loxton Pancreatic Cancer Research PhD Scholarship  
Dannel Yeo  
University of Melbourne, Vic.

**Phenylketonuria (PKU)**
Evaluation of a novel treatment strategy for PKU  
Rotary Club of Pennant Hills, NSW D9685  
Naz Al Hafid  
Children’s Hospital at Westmead, NSW

**Preterm Infant Nutrition**
Fitting the pieces to the nutritional puzzle of the preterm infant  
Rotary Club of Thornlie, WA D9470  
Gemma McLeod  
University of Western Australia, WA

**Primary Lymphoedema**
The use of High Frequency Ultrasound to describe dermal depth and composition and its correlation with other physical measures in people with and without primary lymphoedema and to describe the impact of physical interventions  
Rotary Club of Dural, NSW D9685  
Jane Philips  
James Cook University, Qld.

**Prostate Cancer**
Improvement of prostate cancer radiation treatment through innovation in vitro dosimetry for HDR branchtherapy and IMRT  
District 9650  
Ian Kwan  
University of Wollongong, NSW
Dose adaptive radiation therapy for prostate cancer
District 9650
Nick Hardcastle
University of Wollongong, NSW

Interlukin-18 therapy alone or in combination with other immunotherapeutic strategies for prevention and treatment of advanced prostate cancer.
Rotary Clubs of Pennant Hills, Winston Hills & Dural, NSW D9680
Brian Tse
University of New South Wales, NSW

In Body Imaging BrachyVision: Improved Brachytherapy of Prostate Cancer Treatment
Mark Gibbens/Rotary Club of Parramatta City, NSW D9690
Kevin Jia-Jin Loo
University of Wollongong, NSW

BrachyPix: advanced QA in prostate cancer treatment by High Dose Rate brachytherapy
Rotary Clubs of Dural and Penrith Valley, NSW D9685
Anthony Espinoza
University of Wollongong, NSW

The role of inflammatory cytokines in prostate cancer risk
District 9680
Elizabeth Tindall
Garvan Institute of Medical Research, NSW

Estradiol to reduce the bone and metabolic effects of androgen deprivation therapy in men with prostate cancer
Rotary Club of Williamstown, Vic. D9800
Rotary Ride For A Cure & Ronnie Goldberg Scholarship
Dr Nicholas Russell
University of Melbourne, Vic.

PTSD
An investigation of the relationship between serving in the Australian Defence Force and common mental disorders
Rebecca Sheriff
Rotary Club of Ballarat South, Vic. D9780
University of Adelaide, SA
Spinal Injury
The influence of neural factors on secondary conditions such as pain and fatigue in persons living with Spinal Cord Injury
Rotary Club of Parkes, NSW D9700
Dianah Rodrigues
University of Sydney, NSW

Socioeconomic factors associated with SCI: Function priorities and determinants such as mood perceptions of control
Rotary Club of Parkes, NSW D9700
Charles Lo
University of Sydney, NSW

Stem Cell Research
Derivation of skeletal myocytes from human embryonic stem cells
Rotary Club of Bondi Junction, NSW D9675
Bianca Borchin
Monash University, Vic.

Suicide in Men
Perceptions & Expectations of one’s self: Mental Health & Suicide in Men
David Henning Memorial Scholarship
Rotary Club of Parramatta City, NSW D9690
Luke Balcombe
Griffith University, Qld.

Youth Homelessness
Homeless, young and accompanied: Identifying the diverse issues young people with families face when homeless in Australia
Rotary Club of Adelaide, SA D9500
Tom Steeples
University of Adelaide, SA

Youth Mental Health
Development and Evaluation for BEST-Foundations: A Preventative Family-based Intervention for Children at Risk of Developing Depression in Adolescence
Motto & Rotary Club of Richmond, Vic. D9800
Michelle Benstead
Deakin University, Vic.
**Youth Suicide**

*Developmental Pathways to Mental Health, Suicidal Behaviour and Suicide for Western Australian youth*

Nathan’s Bequest Scholarship/Rotary Club of Sydney CBD, NSW D9750 2007

Kristine Northey 2008

Curtin University of Technology, WA 2009

2010

**Suicide in Australia: Determinants, moderators and treatment options for suicidal thoughts and behaviours**

Rotary Club of Parramatta City, NSW D9690 2010

Tonelle Handley 2011

University of Newcastle, NSW 2012

2013

**Using a multi-level nation-wide approach to improve the identification of young people at risk for suicide and motivate them to access and engage with appropriate treatment**

Rotary Club of West Wollongong 50th Anniversary Scholarship 2016

Rotary Club of West Wollongong, NSW D9675

Sarah Furlong 2015

University of Wollongong, NSW 2016

**AUSTRALIAN ROTARY HEALTH PTSD SCHOLARSHIP: 2015-2016**

The ARH PTSD Scholarship in service personnel and their families is offered to applicants undertaking research within Post-Traumatic Effects from War Related Stress. This first scholarship is valued at up to $35,000 per annum for 3.5 years maximum. Further scholarships will become available.

*The relationship between combat exposure, the effects of post-traumatic stress and non-specific somatic symptoms*

Kristin Graham 2015

University of Adelaide, SA 2016
POSTDOCTORAL FELLOWSHIPS: 2003-2016

Postdoctoral Fellowships are available to early career researchers to facilitate research into the field of mental health. They provide researchers with an annual salary of $75,000 for up to three years while they complete their projects.

Three fellowships have been named in honour of the first three Chairmen of Australian Rotary Health; Royce Abbey, Geoffrey Betts and Colin Dodds. In 2015, a fourth Fellowship was introduced in honour of the fourth Chairman, Bruce Edwards.

Royce Abbey Postdoctoral Fellowship

Assessing the Effectiveness of Mindfulness Training in the treatment of Generalised Anxiety Disorder 2003
Dr. Maree Abbott 2004
Macquarie University, NSW 2005

The role of family & child processes in the Treatment of conduct problems in children with callous-unemotional traits 2006
Dr. David Hawes 2007
University of New South Wales, NSW

Biochemical basis of cognitive deficits in Schizophrenia 2008
Dr. Elizabeth Scarr 2009
Mental Health Research Institute, Vic. 2010

Neurocognitive deficits in young heavy drinkers 2014
Dr. Janette Louise Smith 2015
National Drug & Alcohol Research Centre, NSW 2016

Geoffrey Betts Postdoctoral Fellowship

A cognitive neuropsychological model of social processing: 2006
Identification & treatment of social processing deficits 2007
Dr. Melanie Porter 2008
Macquarie University, NSW 2009
Determinants of poor psychological outcomes of fetal anti-epileptic drug exposure 2009
Dr. Amanda Gabrielle Wood 2010
Murdoch Children’s Research Institute, Vic.

Multi-tiered approach to suicide prevention in young Australians 2014
Dr. Tonelle Handley 2015
National Drug & Alcohol Research Centre, NSW 2016

Colin Dodds Postdoctoral Fellowship

A combination of universal and targeted, versus a targeted approach to prevention of early childhood mental health problems: a population-based cluster randomized trial 2007
Dr. Jordana Bayer 2008
Royal Children’s Hospital, Melbourne, Vic. 2009

Early life influences of child and adolescent mental health problems: A life-course approach to prevention and intervention 2011
Dr. Monique Robinson 2012
Telethon Institute for Child Health Research, WA 2013

Confident Body, Confident Child: Effectiveness trial community-based dissemination of a resource to support parents of preschoolers in preventing body dissatisfaction, eating disorders and obesity in their children 2015
Dr. Laura Hart 2016
La Trobe University, Vic.

Bruce Edwards Postdoctoral Fellowship

The effect of cognitive training on adolescent behavioural disinhibition and binge-drinking 2015
Dr. Louise Mewton 2016
National Drug and Alcohol Centre, NSW
RESEARCH PROJECT GRANTS - MENTAL HEALTH OF YOUNG AUSTRALIANS: 2012-2016

Research Project Grants have been awarded annually since 2000 to a group of researchers for a one, two or three year period. In 2012 the program narrowed to a research focus on the Mental Health of Young Australians. In 2013 research projects focussing on the Prevention of Mental Health Disorders were included.

The Relationship Between Alcohol Use and Mental Disorders from Adolescence to Young Adulthood– Longitudinal Analyses from a large Australian Cohort
Professor Louisa Degenhardt
National Drug & Alcohol Research Centre, NSW

Impact of Parental Substance Use on Family Functioning and Child Development in an Australian Birth Cohort of 2,000 Families: Pilot Study proposal for the Wave III follow up of preschoolers.
Dr. Delyse Hutchinson
National Drug and Alcohol Research Centre, NSW

Does Treating Maternal Antenatal Depression and Anxiety Prevent Adverse Infant Neurodevelopment Outcomes?
Professor Jeanette Milgrom
Austin Health, VIC

An Individually Randomised group Treatment Controlled Trial of Truce: An ACT Based Psychological Intervention for Young People who have a Parent with Cancer
Dr. Pandora Patterson
Canteen Australia, NSW

Living with Deadly Thoughts: Reducing Suicidal Thoughts Through a Web Based Self Help Intervention
Professor Helen Christensen
University of New South Wales, NSW
The Social Costs of Adolescent Mental Health Problems in Australia: Educational Disruption and Longer Term Social Exclusion
Associate Professor Peter Butterworth
Australian National University, ACT

Cognitive Behavioural Treatment for PTSD in Young People with First Episode Psychosis: A Randomised Controlled trial of an Intervention within the Australian Service Delivery Model
Dr. Sarah Bendall
Centre for Youth Mental Health, Vic.

Helping young Australians to “Look for Good”: A school-based trial of positive attention training to increase children’s emotional well-being and prevent anxiety and depression
A/Professor Allison Waters
Griffith University, Vic.

The feasibility and outcome of internet delivery of transdiagnostic cognitive-behaviour therapy for adolescent anxiety and depression
Dr. Carolyn Schniering
Macquarie University, NSW

Identifying the earliest indicators of anxiety among toddlers and their mothers to inform effective early parenting interventions
Professor Jane Fisher
Monash University, Vic.

Effective suicide prevention campaign material for young people: A randomised controlled trial
Professor Jane Pirkis
University of Melbourne, Vic.

Teen mental health first aid training: A pilot cluster randomised controlled trial
Dr. Laura Hart
University of Melbourne, Vic.

Work family conflict, work enrichment, and their significance for children’s mental health
A/Professor Lyndall Strazdins
Australian National University, ACT
Tuning in to teens: The prevention of mental health difficulties in adolescents using an emotion-focussed parenting program 2014 2015 2016
Dr. Sophie Havighurst
University of Melbourne, Vic.

The bounce project: The effectiveness of peer support training to enhance the mental health and wellbeing of young people leaving out of home care 2014 2015 2016
Professor Helen Herrman
University of Melbourne, Vic.

A/Professor Judy Proudfoot
Black Dog Institute, NSW

The impact of intimate partner violence on child mental health in middle childhood 2014 2015 2016
A/Professor Stephanie Brown
Murdoch Children's Research Institute, Vic.

Walk the talk: Phase II study of an online population-based intervention to improve the mental health of young people who are unemployed 2014 2016
Dr. Vanessa Rose
University of New South Wales, NSW

Evaluating a tailored web-based parenting intervention to prevent adolescent depression and anxiety problems: A pilot randomized controlled trial 2015 2016
Dr Marie Yap, Prof Anthony Jorm, Dr Katherine Lawrence
Monash University, Vic.

Detecting fatal and non-fatal suicide attempt clusters in young people 2015 2016
Dr Matthew Spittal, Prof Allison Milner, Prof Jane Pirkis
University of Melbourne, Vic.

Improving access to mental health services for children anxiety 2015 2016
Dr Lauren McLellan, Prof Jennifer Hudson
Macquarie University, NSW
Timely intervention: Efficacy of a depression symptom monitoring smartphone app to deliver psychological intervention at a time greatest of need
Dr Matthew Fuller-Tyszkiewicz, A/Prof Britt Klein, Dr Helen Skouteris, Dr Ben Richardson A/Prof David Austin, Prof David Castle
Deakin University, Vic.

A Randomised Controlled Trail testing the effectiveness of a fully-tailored adaptive intervention in reducing mental health symptoms among young people
Dr Philip Batterham, Dr Alison Calear, Dr Louise Farrer
Australian National University, ACT

The CoolKids: Health Program: An investigation of a psychotherapy program for distressed youth with functional (medically benign) somatic syndromes
A/Prof Maria Kangas, Prof Mike P. Jones
Macquarie University, NSW

Impacts of parental supply of alcohol on late-adolescent alcohol outcomes: Phase II of a longitudinal cohort study
Prof Richard Mattick, Dr Monika Wadolowski, Prof Jackob Najman, Prof Kypros Kypri, Dr Raimondo Bruno, A/Prof Tim Slade, Dr Delyse Hutchinson, Dr Nyanda McBrice, Ms Alexander Aiken
University of New South Wales, NSW

Pubertal risks for mental health disorders
Dr Lisa Mundy, Prof George Patton, Prof Nicholas Allen, Prof Susan Sawyer Murdoch Childrens Research Institute, Vic.

Group mindfulness based cognitive therapy vs group support for self-injury among young people: A pilot randomised controlled trial
A/Prof Clare Rees, A/Prof Penelope Hasking, Dr Lauren Breen, Prof Ottmar Lipp, Dr Cyril Mamotte
Curtin University, WA

Tuning in to Toddlers (TOTS): A randomised controlled trail of a program for parents of toddlers
Dr Sophie Havighurst, Dr Rae Thomas, Prof Nicholas Allen, Belinda Power
University of Melbourne, Vic.
Australian Rotary Health offers Research Companion Scholarships to PhD students completing their research in any health area over a 3.5 year period. They are named after the sponsors who choose and fund the PhD project.

**Bowel Cancer**  
Personlizing treatment in patients with metastatic colorectal cancer  
Judith Annette Thompson Scholarship  
Rotary Club of Keilor, NSW D9800  
Dr Corina Behrenbruch  
University of Melbourne, Vic.

**Children’s Mental Health**  
Through the eyes of the child: The impact of parenting programs on young children  
Terry Beslich PhD Scholarship  
Beslich Family  
Kelly Baird  
Macquarie University, NSW

**Dementia**  
A mouse to man approach to studying early structural & cognitive changes in pre symptomatic Huntington’s Disease  
Bartolina Peluso Scholarship  
Rotary Club of Strathmore, Vic. D 9790  
India Bohanna  
Howard Florey Institute, Vic.

**Investigating Fitness to Drive in Older Drivers with Cognitive Impairment**  
Bartolina Peluso Scholarship  
Rotary Club of Strathmore, Vic. D 9790  
Anna Devlin  
Deakin University, Vic.
Cognitive Rehabilitation in Early Dementia and Mild Cognitive Impairment: is it helpful?  
Bartolina Peluso Scholarship  
Rotary Club of Strathmore, Vic. D9790  
Dr Bridget Regan  
La Trobe University, Vic.

Mental Health
Parental modelling & supply of alcohol: Does this improve or worsen drinking outcomes in young Australians?  
Whitcroft Family PhD Scholarship  
Monika Wadolowski  
National Drug & Alcohol Research Centre, NSW

Developing a mental health resilience program with Australian Aboriginal Communities  
The Kaiyu Scholarship  
Leonard Kanowski  
University of Newcastle, NSW

Mental Health of Young Australians
Sociocultural and peer related factors in body image in adolescent girls: Implications for prevention  
The Lorraine and Bruce McKenzie Scholarship  
Siân Alexandra McLean  
La Trobe University, Vic.

Neurological & Auto-immune Disorders
p75NTR as a biomarker for disease progression in the Motor Neuron Disease mouse model SOD1 G93A  
Neville & Jeanne York PhD Scholarship  
Stephanie Shepheard  
Flinders University, SA
RESEARCH PROJECT GRANTS IN MENTAL HEALTH: 2000–2011

Research Project Grants were awarded annually to a group of researchers for a one, two or three year period. Research was in the area of mental health. For Grants awarded from 2012, which focus on the mental health of young Australians, see pages 64-67. ARH was one of the first organisations to fund this kind of research.

**Factors influencing the early onset & stability of childhood externalisation behaviour problems**
2000
Dr. Peter Baghurst, A/Professor Michael Sawyer & Professor Margot Prior
Women’s & Children’s Hospital, SA

**Implementation of child mental health promotion in schools**
2000
Dr. Jan Nicholson & Professor Brian Oldenburg
Queensland University of Technology, Qld.

**Evaluation of the effectiveness of cognitive behavioural treatment for childhood anxiety disorders in a Mental Health Service**
2000
Professor Margot Prior & Ms Julie Barrington
Royal Children’s Hospital, Vic.

**Helping depressed mothers and their infants (the H.U.G.S. program)**
2000
Professor Jeannette Milgrom
Austin Hospital Medical Research Foundation, Vic.

**Mental Health Literacy project**
2000
Barbara Hocking & A/Professor Jeremy Anderson (deceased)
SANE Australia & Monash University, Vic.

**A Web-based treatment for panic disorder**
2000
Professor Jeffrey Richards & Ms. Leann Brown
University of Ballarat, Vic.

**Training general practitioners in the recognition & management of patients with depression**
2000
A/Professor David Clarke, Professor Leon Piterman, Dr. Grant Blashki & Professor Graeme Smith
Monash University, Vic.
Cognitive behaviour therapy for adolescents with first onset depression 2000
Dr. Nicholas Allen & A/Professor Henry Jackson
University of Melbourne, Vic.

Prevention of psychosis: long-term follow up 2000
Professor Patrick McGorry & Ms. Lisa Phillips
University of Melbourne, Vic.

Clonidine plus psycho stimulants for ADHD & behaviour problems 2000
Professor Philip Hazell & Dr. John Stuart
University of Newcastle, NSW

Clonidine plus psycho stimulants for ADHD & behaviour problems 2001

Effects of Oestrogen on well-being, mood & cognition of women aged 70 or over 2000
A/Professor Osvaldo Almeida, Professor Leon Flicker, Dr. Samuel Vasikaran & Dr. Peter Leedman
University of Western Australia, WA

A program to prevent unhealthy weight loss behaviours in early adolescent girls 2000
Dr. Eleanor Wertheim & Dr. Susan Paxton
La Trobe University, Vic.

A program to prevent unhealthy weight loss behaviours in early adolescent girls 2001

Smoking cessation program for people with a mental illness 2000
Dr. Amanda Baker & A/Professor Robyn Richmond
University of Newcastle, NSW

Improving medication management for older mentally ill Aboriginal Australians 2000
Dr. Charlotte de Crespingy, Ms. Anita De Bellis, Mr. Warren Parfoot & Ms. Zell Dodd
Flinders University, SA

Cross agency approach to reducing childhood conduct disorder 2000
Mrs. B. Skesteris, Mr. C. Sexton-Finke, Mrs. K. Huggett & Mrs. A. Leishman
Kelmscott Child & Adolescent Mental Health Service, WA

Benefits of improving depressed people’s knowledge about depression 2001
Professor A.F. Jorm, Dr. H. Christensen, Dr. K. Griffiths, Mrs. A.E. Korten, Miss J. Medway & Dr. B. Rodgers
Australian National University, ACT
### Past Research Funding

#### Evaluation of internet-based treatment of OCD
- **Professor Kenneth Kirkby & Dr. R. Menzies**
- **University of Tasmania, Tas.**
- Grant sponsored by the Rotary Club of Central Launceston, Tas.
  - 2001
  - 2002
  - 2003

#### Social rituals and mental health
- **A/Professor Aleksandar Janca & A/Professor Victoria Burbank**
- **University of Western Australia, WA**
  - 2001
  - 2002
  - 2003

#### Prevention of depression in adolescents
- **A/Professor A. Ralph & Professor L. Flicker**
- **James Cook University, Qld.**
  - 2001

#### Psychological adjustment after heart attack: Can we decrease mental illness?
- **Dr. Tracey Wade**
- **Flinders University of SA**
  - 2001

#### The effectiveness of a cognitive-behaviour therapy in the treatment of adolescent compulsive disorder
- **Dr. R.G. Menzies, Dr. M. Jones, Dr. J. Brennan, Ms. D. Einstein & Miss A. Krockmalik**
- **University of Sydney, NSW**
  - 2001

#### Parent-delivered treatment for anxious children
- **Professor Ron M. Rapee**
- **Macquarie University, NSW**
  - 2001
  - 2002
  - 2003

#### A study into psychological treatments aimed towards preventing teenage depression from recurring
- **Professor B. Tonge & A/Professor N. King**
- **Monash University, Vic.**
  - 2001

#### Preparing psychiatric disorders after trauma
- **A/Professor R.A. Bryant**
- **University of New South Wales, NSW**
  - 2001

#### Preventing post-natal depression by means of psychological treatment in pregnancy
- **Dr. Marie-Paule Austin & Professor Judith Lumley**
- **University of New South Wales, NSW**
  - 2001
  - 2002

#### Early intervention for bipolar disorder
- **Dr. Jillian Ball & Professor Philip Mitchell**
- **University of New South Wales, NSW**
  - 2001
  - 2002
Evaluation of the effectiveness of group-based inter-personal psychotherapy with depressed adolescents 2002
Dr. Susan Spence
University of Queensland, Qld.

Being young, homeless & having mental health problems: Helping young people ‘tell it like it is’ 2002
Professor Philip Darbyshire, Dr. Jon Jureidini, Dr. Eimar Muir-Cochran & Ms. Cathy Vockins
Women’s & Children’s Hospital, SA

Cognitive & motor function in early-onset Schizophrenia 2002
A/Professor Paul Maruff, Dr. Alasdcair Vance, Professor John Bradshaw & Mr. Mark Bellgrove
La Trobe University, Vic.

The prevalence & constellation of psychiatric disorder among deaf children 2002
Professor Joe Rey & Andrew Cornes
University of Sydney, NSW

A randomised, placebo-controlled clinical trial to prevent depression amongst stroke patients 2002
A/Professor Osvaldo Almeida & Graeme Hankey
University of Western Australia, WA

Neuroimaging of Bipolar Disorder 2002
Dr. Gin Malhi, Professor Perminder Sachdev, Professor Philip Mitchell & Ms. Yvette Cotton
University of New South Wales, NSW

Brain monoaminergic function & heart disease in depressive illness 2002 2003 2004
Dr. David Barton, Dr. Gavin Lambert, Professor Murray Esler, & A/Professor David Kaye
Baker Medical Research Institute, Vic.

Family intervention for memory disorders in Alzheimer’s dementia 2002
A/Professor G. Kinsella, Professor E. Storey & Dr. Ben Ong
La Trobe University, Vic.
Rotary Club of Bentleigh Moorabbin Central, Vic. – Sponsored Grant
Family-based Mental Health Promotion for Young Adolescents 2002
Dr. C. Roberts, A/Professor Donna Cross & Mr. Jon Gibson 2003
Curtin University of Technology, WA 2004

An examination of the efficacy of an internet delivered group therapy program for body image & eating problems: A randomised controlled trial 2003
A/Professor Susan Paxton & A/Professor Eleanor Wertheim 2004
La Trobe University, Vic. 2005

Is there a “safe” level of alcohol consumption for people with mental health problems 2003
A/Professor Gary Hulse & Robert Tait 2004
University of Western Australia, WA 2005

The impact of media reporting of suicide on actual suicidal behaviour 2003
Dr. Jane Pirkis, Professor Warwick Blood & A/Professor Philip Burgess 2004
University of Melbourne, Vic. 2005

The evaluation of an early intervention & prevention program for children & families at-risk of conduct problems 2003
Professor Mark Dadds, Dr. Ian Schochet & Stephen Larmar 2004
University of New South Wales, NSW 2005

Screening and treatment of depression in the labourforce: Australian component of a multi-national study 2003
Professor Harvey Whiteford, Sue Caleo & Siobhan Coulter 2004
Queensland Centre for Schizophrenia Research, Qld. 2005

A randomised controlled trial of self-administered Danger Ideation Reduction Therapy for OCD washing 2003
A/Professor R. G. Menzies, Dr. L. Harris, Dr. M.K. Jones, Professor Ken Kirkby & Ms. T. McColl 2004
University of Sydney, NSW 2005

A randomised controlled trial of correspondence-based management of Depression or Dysthymia & Alcohol misuse with a primary care setting 2003
A/Professor David J. Kavanagh, Professor John Saunders, Professor Ross Young & Dr. Amanda Baker 2004
University of Queensland, Qld. 2005
Pathways to care for depression in rural & metropolitan SA 2004
Dr. Jeff Fuller
University of Adelaide, SA

Comparing the costs & effects of school-based & parent-run help for anxious children 2004 2005
Professor Ronald Rapee
Macquarie University, NSW

The use of memories from the past to calm distressed nursing home residents with dementia 2004
Professor Daniel O’Connor & Ms. Edwina Beer
Monash University, Vic.

Physical activity: improving mental health outcomes for Alzheimer’s Disease 2004
Dr. Nicola Lautenschlager
University of Western Australia, WA

Reducing the individual & social burden of mental health problems in working adults 2004 2005
Dr. Kristy Sanderson, Professor Brian Oldenburg, Dr. Jan Nicholson & Dr. Nicholas Graves
Queensland University of Technology, Qld.

Can providing information about ‘treatments that work’ close the gap for people with un-met need for treatment of an eating disorder? An intervention study 2004 2005
Dr. Phillipa Hay, Professor Susan Paxton & Jonathan Mond
James Cook University, Qld.

Counselling to reduce anxiety & depressive symptoms in women with a new diagnosis of gynaecological cancer 2004 2005 2006
Dr. Rodney W. Petersen, Prof. Julie Quinlivan, Dr. Robert Rome & Dr. Cynthia Holland
University of Melbourne, Vic.

Depression in patients with traumatic brain injury 2004
A/Professor Sergio Starkstein
University of Western Australia, WA

Promoting regular physical activity to help adults with psychological distress 2004
Professor Adrian Bauman
University of New South Wales, NSW
<table>
<thead>
<tr>
<th>Project Title</th>
<th>Year(s)</th>
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<tbody>
<tr>
<td>The mental health &amp; well-being of children &amp; Adolescents in home-based care</td>
<td>2004</td>
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<tr>
<td>Professor Michael Sawyer</td>
<td></td>
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<tr>
<td>University of Adelaide, SA</td>
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<tr>
<td>Correlating Cognitive &amp; Genetic variability in Williams Syndrome</td>
<td>2005</td>
</tr>
<tr>
<td>Melanie Porter &amp; Professor Max Colthart</td>
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<tr>
<td>Macquarie University, NSW</td>
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<tr>
<td>Development of Mental Health First Aid Standards - Hugh Lydiard Fellowship</td>
<td>2005</td>
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<tr>
<td>Professor Anthony Jorm, Dr. Betty Kitchener &amp; Kathleen Griffiths</td>
<td>2006</td>
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<tr>
<td>University of Melbourne, Vic.</td>
<td>2007</td>
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<tr>
<td>A pilot randomised treatment trial for Anorexia Nervosa: utilisation of therapeutic writing in outpatient therapy versus treatment as usual</td>
<td>2005</td>
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<tr>
<td>A/Professor Tracey Wade, Dr. Peter Gilchrist, Dr. Ulrike Schmidt, Dr. Janet Treasure &amp; Dr. Jacqueline Bergin</td>
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<tr>
<td>Flinders University, SA</td>
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<tr>
<td>Randomised controlled trial of the Treatment of Post Traumatic Stress Disorder (PTSD) for Community Mental Health Services (CMHS) Clients with a co-existing Psychiatric Diagnosis</td>
<td>2005</td>
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<tr>
<td>A/Professor Cathy Owen, Dr. Irene Howgeto, Dr. Kim Mueser &amp; C. Torres</td>
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<tr>
<td>Australian National University, ACT</td>
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<tr>
<td>Mental Health Literacy &amp; Barriers to Utilisation of Mental Health Services among Chinese Australians</td>
<td>2005</td>
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<tr>
<td>Professor Maurice Eisenbruch, Dr. Ilse Blignault &amp; Vince Ponzio</td>
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<tr>
<td>University of New South Wales, NSW</td>
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<tr>
<td>Every Family Project: A population health approach to reducing emotional and behavioural problems in young children &amp; their families</td>
<td>2005</td>
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<tr>
<td>Professor Matthew Sanders, Dr. Sarah Dwyer &amp; Ms Kerry Bidwell</td>
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<tr>
<td>University of Queensland, Qld.</td>
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<tr>
<td>Teachers as Parents Project. Examining the work-family interface: The impact of a worksite parenting intervention on family &amp; occupational functioning</td>
<td>2005</td>
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<tr>
<td>Professor Matthew Sanders &amp; Ms. Divna Haslam</td>
<td>2006</td>
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<tr>
<td>University of Queensland, Qld.</td>
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</tbody>
</table>
Late-onset bipolar disorder: investigating causes, clinical characteristics & treatments  
Dr. Chanaka Wijeratne, Professor Philip Mitchell, Dr. Gin Malhi & Ms. Amanda Olley 
University of New South Wales, NSW

Detection of relapse risk & improvement of health risk behaviours in people with depression: Randomised controlled trial of correspondence-based assistance to general practitioners 
Professor David Kavanagh, Dr. Robert King, Dr. Jason Connor & Professor Frank Deane 
University of Queensland, Qld.

Job quality & the mental health of working parents & their children  
Dr. Lyndall Strazdins, Dr. Jan Nicholson, Dr. Bryan Rodgers, A/Professor Michael Bittman & Professor Michael Sawyer 
Australian National University, ACT

Schizophrenia DNA Bank  
Professor Vaughan Carr, Professor Rodney Scott & Dr. Paul Tooney & Dr. Carmel Loughland 
NISAD/University of Newcastle, NSW

Pilot home visiting early intervention for Postnatal depression  
Dr. Nick Kowalenko, Dr. Catherine Fowler, Dr. Cathy McMahon & Dr. Andrew Baillie  
Royal North Shore Hospital/University of Sydney, NSW

How to best identify & treat children at risk for developing post-traumatic stress disorder  
Dr. Reg Nixon 
Flinders University, SA

Building resiliency & emotional competency in preschoolers: A pilot study of prevention of anxiety & depression  
Paula Barrett 
Griffith University, Qld.

A randomised trial of a Family Intervention program for Young People with Suicidal Behaviour  
Prof. Mark Dadds & Ms. Jane Pineda 
University of New South Wales, NSW
Building mental health awareness & service networks in rural
Australian communities — a service delivery evaluation
Prof. Brian Kelly, Professor Lyn Fragar,
A/Professor Jeffrey Fuller & Mr. Trevor Hazell
Bloomfield Hospital/University of Newcastle, NSW

Mediating factors & effects of health literacy in course &
outcome of common eating disorders: A longitudinal study
Professor Phillipa Hay, Dr. Jonathan Mond, Professor Susan Paxton, Dr.
Frances Gordon & Dr. Bryan Rodgers
James Cook University, Qld.

Health & wellbeing of partners of victims of Trauma: A
vulnerable group in the community
Dr. Brian O’Toole, Dr. Sue Outram & Professor Stanley Catts
ANZAC Research Institute/University of Sydney, NSW

Evaluation of a self-help multimedia computer program for
adolescents with anxiety disorders
Professor Ronald Rapee & Mr. Michael Cunningham
Macquarie University, NSW

Breaking intergenerational cycles of mental disorder: A study
of the offspring of the Victoria Adolescent Health Cohort Study
(1992-2005)
Professor George Patton & Dr. Craig Olsson
University of Melbourne, Vic.

PTSD Online: Development & evaluation of an internet based
intervention for the treatment of acute PTSD & the treatment
& prevention of Chronic PTSD
Dr. Britt Klein, Mr. David Austin, Dr. Litza Koropoulos &
Ms. Gwenda Cannard
Monash University, Vic.

An evaluation of the Stepping Stones Triple P Parenting
Program with parents of a child diagnosed with Autism
Spectrum Disorder
Professor Matthew Sanders, Dr. Kate Sofronoff & Dr. Jeanie Sheffield
University of Queensland, Qld.
BraveHeart: A psychological treatment for depression in people with cardiac disease
Dr. Amanda Baker, Mr. John Hambridge, A/Professor Jenny Bowman & Mrs. Frances Kay-Lambkin
University of Newcastle, NSW

Suicide prevention amongst help-seeking adolescents: An intervention study
A/Professor Alison Yung, Ms. Jo Robinson & Professor Patrick McGorry
ORYGEN Research Centre/University of Melbourne, Vic.

Promoting adult resilience in the workplace: Synthesizing mental health promotion & work-life balance approaches
A/Professor Ian Shochet, Dr. Maria Donald, Dr. Herbert Biggs & Dr. Poppy Liossis
Queensland University of Technology, Qld.

Best practice in the management of Psychosis in Pregnancy
Professor Jayashri Kulkarni, Ms. Kay McCauley, Professor John McGrath, A/Professor Glenice Ives, Mr. Stephen Elsom, Dr. Paul Fitzgerald & Mr. Anthony de Castella
Alfred Hospital/Monash University, Vic.

Prevention & management of depression in patients after an acute cardiac event: Randomised controlled trial of a cognitive-behavioural intervention
Dr. Marian Worcester, Dr. Barbara Murphy, Professor Erika Froelicher & Dr. Alan Goble
Heart Research Centre, Vic.

Development & evaluation of a group cognitive behavioural body image & eating behaviour intervention for women in midlife
Professor Susan Paxton & A/Professor Eleanor Wertheim
La Trobe University, Vic.

Functional MRI investigation of the neural processes underlying Mild Cognitive Impairment
Ms. Nicole Kochan, Dr. Michael Breakspear & Dr. Melissa Slavin
University of New South Wales, NSW
Building preschooler’s emotional competence: Evaluating an early intervention for children with behaviour problems 2006
Dr. Sophie Havighurst, Professor Margot Prior, A/Professor Ann Sanson & Dr. Daryl Efron
University of Melbourne, Vic.

Men, Hearts and Minds: exploring the links between psychosocial stress, depression & heart disease among Aboriginal men in Central Australia 2007
Dr. Alex Brown
Menzies School of Health Research, NT

Detection of relapse risk & improvement of health risk behaviours in people with depression: Randomised controlled trial of correspondence-based intervention 2007
Professor David Kavanagh
University of Queensland, Qld.

Transcranial magnetic stimulation: a new treatment for depressed adolescents 2007
Dr. Colleen Loo
University of New South Wales, NSW

Building resiliency & emotional competency in preschoolers from economically disadvantaged backgrounds: A pilot study of the FUN FRIENDS Program 2007
Dr. Paula Barrett
University of Queensland, Qld.

Dietary factors & trajectories of mental health from infancy to adolescence 2007
Dr. Wendy Oddy
Curtin University of Technology, WA

Using the web to improve knowledge & self-management of bipolar disorder: a randomised controlled trial 2007
Dr. Judith Proudfoot
University of New South Wales, NSW

Parent-Child connection: A trial of an early intervention to increase caregiver sensitivity & improve caregiver-child attachment 2007
A/Professor Melanie Zimmer-Gembeck
Griffith University, Qld.
Casual pathways to eating disorders: A prospective analysis using data from the WA Pregnancy cohort (Raine) study 2007
Dr. Susan Byrne
University of Western Australia, WA

Service collaboration model for the mental health & wellbeing of NSW farming communities 2007
Professor Brian Kelly
University of Newcastle, NSW

An evaluation of the new Medicare Benefits schedule 2007
psychologist item numbers: Impacts for psychologists & their patients 2008
2009
Professor Jane Pirkis
University of Melbourne, Vic.

Psychiatric disorders in adults born with very low birth weight 2008
Dr. Peter Anderson
Murdoch Childrens Research Institute, Vic.

A randomised controlled trial of mindfulness based cognitive therapy versus treatment as usual for bipolar disorder and comorbid anxiety 2008
A/Professor Vijaya Manicavasagar
University of New South Wales, NSW

Integrated smoking care linking mental health inpatients to community services: a randomised controlled trial 2008
A/Professor Jenny Bowman 2009
2010
2011
University of Newcastle, NSW

Family Connections: A randomised controlled trial of correspondence-based support for families of individuals recently diagnosed with psychosis 2008
2009
2010
2011
Professor Frank Deane
University of Wollongong, NSW

Mental Health first aid training by e-learning: A randomised controlled trial 2008
2009
Professor Anthony Jorm
University of Melbourne, Vic.
Vocational Recovery in Young People with first episode psychosis: A randomised controlled intervention trial examining vocational, health, economic and social outcomes
Dr. Eóin Killackey
ORYGEN Research Institute, Vic.
2008

A double-blind, randomised, placebo-controlled study of adjunctive ketamine as a neuroprotective agent in ETC (electroconvulsive therapy)
Dr. Colleen Loo
University of New South Wales, NSW
2008

Bibliotherapy for primary caregivers of family members with first-episode psychosis: A randomised controlled trial
Professor Terence McCann
Victoria University, Vic.
2008

Treatment of acute stress disorder secondary to sexual assault: Effectiveness of therapy in a community mental health setting
Dr. Reg Nixon
Flinders University, SA
2008

The mental health and wellbeing of young people in remand: Is the prevalence of mental health problems changing?
Professor Michael Sawyer
University of Adelaide, SA
2008

Mental Health outcomes of infants enrolled in a randomised controlled sleep intervention trial
Dr. Nicola Spurrier
Flinders University, SA
2008

Mental illness & interpersonal violence: evidence from a population based study
Dr. Lynn Meuleners
Curtin University of Technology, WA
2008

Internet based education for Generalised Anxiety Disorder
Dr. Nickolai Titov
University of New South Wales, NSW
2008
The Efficacy of N-acetylcysteine as an adjunctive treatment in Unipolar Depression 2009
Professor Michael Berk 2010
Mental Health Research Institute, Vic.

Uptake & impact of new Medicare Benefits Schedule items 2009
Professor Julie Byles 2010
University of Newcastle, NSW 2011

A novel approach to treatment resistant childhood Obsessive-Compulsive Disorder 2009
Dr. Lara Farrell 2010
Griffith University, Qld.

Remediation of mental health reasoning & emotion recognition in schizophrenia 2009
Dr. Pamela Marsh 2010
Macquarie University, NSW 2011

Prenatal androgen exposure & its influence on mental health in children/adolescents 2009
Dr. Eugen Mattes 2010
University of Western Australia, WA 2011

An early intervention for mental health problems amongst children: Comparisons, Oppenness, Peers and Esteem (COPE) 2009
A/Professor Lina Ricciardelli 2010
Deakin University, Vic.

Does cognitive remediation improve employment prospects for people with a mental illness returning to work? 2011
A/Professor Anthony Harris 2012
University of Sydney, NSW 2013

Improving co-morbidity treatment within residential substance abuse: A randomised trial of a computer-based depression and substance abuse intervention 2011
Dr. Peter Kelly 2012
University of Wollongong, NSW

Young people, drinking, and the parental supply of alcohol: A longitudinal cohort study 2011
Professor Richard Mattick 2012
National Drug & Alcohol Research Centre, NSW 2013
Help-seeking for postnatal depression as a major public health problem: A Cluster Randomised Controlled Trial of Motivational Interviewing  
Professor Jeannette Milgrom  
Austin Health, Vic  
2011  
2012  
2013

Preventing anxiety and depression across childhood  
Professor Ronald Rapee  
Macquarie University, NSW  
2011  
2012

Guidelines for tertiary education institutions on how to support Students with mental health problems  
Dr. Nicola Reavley  
Orygen Youth Health Research Centre, Vic  
2011

Improving social engagement of rural ‘at risk’ youth: A randomised effectiveness trial of a telephone delivered Cognitive and Dialectical Behaviour Therapy intervention  
Dr. Helen Stain  
University of Newcastle, NSW  
2011  
2012

Identifying targets and timing for early intervention: A NSW population record-linkage study to detect childhood indicators of risk for mental illness  
Dr. Kristin Laurens  
University of New South Wales, NSW  
2011  
2012  
2013

A Randomised Trial of a Low Intensity Intervention Model within a University Health Service to improve the Mental Health of Students  
Dr. Helen Stallman  
University of Queensland, Qld  
2011  
2012  
2013

Multi-site randomised controlled trial of group schema therapy for Borderline personality disorder  
Dr. Christopher William Lee  
Murdoch University, WA  
2011  
2012  
2013
PILOT PROJECTS: 2010

Australian Rotary Health funded 10 pilot research projects during 2010 which focused on the mental health of young Australians, aged up to 17 years. Most projects went on to receive further funding from government funding bodies.

The development of body image, internalisation of societal body ideals and dieting awareness in 3-5 year old girls and boys: The foundation for a longitudinal study
Professor Susan Paxton, Dr. Zali Yager
La Trobe University, Vic.

Preventing Adolescent Cannabis Use Through Web-Based Graphic Warning Images
Professor Jan Copeland, A/Professor Don Hine & Dr. Sally Rooke
National Cannabis Prevention and Information Centre, NSW

Development of materials for a web-based intervention targeting adolescent alcohol use
Dr. Robert Tait, Professor Helen Christensen
Australian National University, ACT

A pilot investigation of an online, parent-only CBT intervention for preschool children with anxiety
Dr. Caroline Donovan, Dr. Sonja March
Griffith University, Qld.

Training benign interpretations in anxious children and adolescents
Professor Ron Rapee, Dr. Viviana Wuthrichl, Dr. Heidi J Lyneham & Dr. Maria Kangas
Macquarie University, NSW

Longitudinal Child Health Study: Pilot Study
Professor Vaughan Carr, Professor Patricia Michie & Professor Rhoshel Lenroot
University of New South Wales, NSW
Genetic variation of pro-inflammatory markers and their association with depression in adolescence
Dr. Naomi Wray, Dr. Grant W Montgomery, Professor Bernhard Baune & Dr. Margaret Wright
Queensland Institute of Medical Research, Qld.
(Funds contributed by Flight Lieutenant Aaron Doherty — bike ride)

Sleep, puberty and depression
Professor Philip Hazell, Karen Paxton, Dr. Chin Moi Chow, Professor Katharine Steinbeck & Dr. Catherine Hawke
Thomas Walker Hospital/University of Sydney, NSW
(Rotary District 9650 Youth Depression Grant)

Efficacy of N-acetylcysteine in Autism: A double-blind, placebo-controlled randomised trial
Professor Michael Berk, Dr. Seetal Dodd, Professor Bruce Tonge, Dr. Kylie M. Gray & Dr. Avril V. Brereton
University of Melbourne, Vic.

A Group-based Cognitive-Behavioural intervention to treat sleep disorders that negatively impact mood, daily functioning & externalizing behaviour in adolescents
Professor Ron Grunstein, Dr. Amanda Gamble & Dr. Delwyn Bartlett
Woolcock Institute of Medical Research, NSW
FUNDING PARTNER RESEARCH PROJECT GRANTS: 2004–2010

From 2004 to 2010, Rotary clubs, Rotary Districts and other funding partners joined with Australian Rotary Health to fund research into a nominated health research area. Funding Partner Research Grants were awarded to established researchers from a diverse range of specialty health areas.

A total of 32 Funding Partner Research Grants were awarded during the program. The Funding Partner program now supports PhD Scholars only (see pages 43–59).

Alzheimer’s Disease
The role of genetic contributors in the presentation of psychiatric symptoms in Alzheimer’s disease 2007
Rotary Club of Crows Nest/Patricia Hooton Family Grant, NSW D9680
Dr. John Kwok
Prince of Wales Medical Research Institute, NSW

Autism
Investigating the link between gastrointestinal disturbance and aetiology of autism 2009 2010
Rotary Club of Dapto, NSW D 9670
Dr. Michael Sorich
University of South Australia, SA

Brain Tumour
Development of novel and selective anti-tumour agents for the treatment of brain cancer 2007
Rotary Riverside Clubs/Gladesville, NSW D9680
Professor Des Richardson
University of Sydney, NSW
**Breast Cancer**

*Effect of iron chelators with potent anti-tumour activity on the expression of the tumour metastasis suppressor, Drg-1 in breast cancer*

District 9680 Clubs  
Professor Des Richardson  
University of Sydney, NSW

**Development of Novel Drugs for the treatment of Breast Cancer**

Rotary Club of Wetherill Park, NSW D 9690  
Dr. Patric Jansson  
University of Sydney, NSW

**Childhood Leukaemia**

*Identifying a simple gene expression profile which is predictive of outcome for childhood acute lymphoblastic leukaemia*

District 9680 Clubs  
Dr: Dan Catchpoole  
Children’s Hospital, Westmead, NSW

**Depression**

*Internet Self-help for Depression: Determining best practice*

Rotary Clubs of Dural, Wahroonga, West Pennant Hills, NSW D 9680  
Dr. Andrew Campbell  
University of Sydney, NSW

**Domestic Violence**

*An Evaluation of Interventions with Domestic Violence Perpetrators*

Rotary Club of Brighton, Vic.  
Professor Thea Brown  
Monash University, Vic.

**Driving behaviour**

*Understanding people’s attitudes toward driving behaviour in Tasmania*

Rotary Club of Claremont, Tas. D 9830  
Dr. Raimondo Bruno  
University of Tasmania, Tas.
**Friedrichs Ataxia**  
*Developing Lentiviral Gene Therapy for Friedrich Ataxia*  
Rotary Club of Brighton North, Vic. D. 9800  
Dr. Marguerite Evans-Galea  
Murdoch Children’s Research Institute, Vic.  
2009

**Heart Disease**  
*The benefit to families of implementation of genetic diagnostic testing for inherited arrhythmia syndromes which can cause sudden cardiac death*  
Rotary Club of Williamstown, Vic. D 9800  
Dr. Andrew Davis  
Royal Children’s Hospital, Vic.  
2006

**Leukaemia**  
*Design and testing new combination therapies for the treatment of leukaemia and lymphoma*  
The Friends R4 Research Grant  
Rotary Club of Williamstown, Vic. D9800  
Dr. Ricky Johnstone  
Peter MacCallum Cancer Centre, Vic.  
2008

**Identifying and targeting myeloma stem cells in a novel mouse model and in humans**  
Rotary Clubs of Glen Eira/Chadstone East Malvern, Vic. D 9800 & Frankston Sunrise, Vic. D9820  
Professor Miles Prince  
Peter MacCallum Cancer Centre, Vic.  
2008

**Malaria**  
*Evaluation of immunisation with low-dose antigen and CpG as malaria vaccine approach*  
Rotary Club of Hamilton, Qld. D 9600  
Professor Michael Good  
Queensland Institute of Medical Research, Qld.  
2006

**Motor Neurone Disease**  
*Gene environment interactions in motor neuron disease*  
PP Jim Gordon Research Project  
Rotary Club of Carlingford, NSW D9680  
Dr. Roger Pamphlett  
University of Sydney, NSW  
2005
Investigating genetic factors in the causation of motor neurone disease: role of chaperone proteins  
Rotary Club of Caringbah, NSW D 9680  
Professor Garth Nicholson  
ANZAC Research Institute, NSW  
2005

Adeno-associated virus mediated delivery of genes to study and treat motor neuron disease  
Nancy Parfitt Research Grant  
District 9650  
Dr. Bryce Vissel  
Garvan Institute of Medical Research, NSW  
2005

Investigating the role of the gene encoding TAR DNA binding protein (TCP-43) in ALS  
The Stephen Buckley MND Research Grant  
District 9650  
Dr. Ian Blair  
Prince of Wales Medical Research Institute, NSW  
2008

2 INSPIRATionAL (Inspiratory Training for Amyotrophic Lateral Sclerosis 2)  
The Mary Jane Douglas MND Research Grant  
District 9650  
A/Professor Matthew Kiernan  
Prince of Wales Medical Research Institute, NSW  
2008

Organ Transplants  
A multi-organ preservation & procurement strategy from non-heart beating donors (NHBD)  
Rotary Club of Williamstown, Vic. D 9800  
A/Professor Gregory Snell  
Monash University, Vic.  
2004

Ovarian Cancer  
OvPlex - A new test for ovarian cancer  
Rotary Clubs of Melbourne & Williamstown, Vic. D 9800  
A/Professor Gregory Rice  
Gynacological Cancer Research Centre, Vic.  
2006
**Parkinson’s Disease**  
**Evaluation of a selective NMDA NR1A/2B receptor antagonist as a drug treatment in an animal model of Parkinson’s disease**  
Rotary Club of Liverpool West, NSW D 9690  
Dr. Jasmine Henderson  
University of Sydney, NSW

2005  
2006  
2007

**Phenylketonuria (PKU)**  
**Development of Novel Treatment Strategies for Phenylketonuria**  
Rotary Club of Pennant Hills, NSW D 9680  
Prof. John Christodoulou  
Westmead Children’s Hospital, NSW

2008  
2009  
2010

**Prostate Cancer**  
**Development of novel drugs for the inhibition of prostate cancer metastasis: relationship to drug induced expression of the tumour metastasis suppressor Drg-1**  
Rotary Club of Liverpool West, NSW D 9690  
Professor Des Richardson  
University of Sydney, NSW

2007  
2008  
2009

**Validation of Alpha1 Adrenoceptors as new targets for Prostate Cancer Chemotherapy**  
Rotary Club of Wetherill Park, NSW D 9690  
Dr. Angela Finch  
University of New South Wales, NSW

2008  
2009

**Quality of Life for people with Cancer**  
**Health-related quality of life and social support in children newly diagnosed with Cancer**  
Barbara Moore Research Grant  
Rotary Club of St Ives, NSW D 9680  
Dr. Belinda Barton  
Children’s Hospital, Westmead, NSW

2009  
2010  
2011

**Rheumatoid Arthritis**  
**The protective effect of G82S RAGE on cardiovascular events in rheumatoid arthritis**  
Greater Ipswich Clubs, Qld. D 9630  
Professor Ranjeny Thomas  
University of Queensland, Qld.

2005  
2006  
2007
<table>
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<tr>
<th>Project Title</th>
<th>Funding Years</th>
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<tr>
<td><strong>Spinal Injury</strong>&lt;br&gt;Repair of Spinal Cord Injury using Gene Therapy</td>
<td>2004</td>
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<tr>
<td>Rotary Club of Melville WA, D 9460&lt;br&gt;Dr. Giles Plant&lt;br&gt;University of Western Australia, WA</td>
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<tr>
<td><strong>Youth Suicide</strong>&lt;br&gt;Promotion and Utilisation of e-Mental Health Services for Youth within Tasmania</td>
<td>2005</td>
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<tr>
<td>Sally Fletcher: Ride for Life&lt;br&gt;Rotary Club of South Launceston, Tas. D 9830&lt;br&gt;Professor Ken Kirkby&lt;br&gt;University of Tasmania, Tas.</td>
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<tr>
<td>Implementation and evaluation of the yshareit virtual youth ambassador program in Tasmania: A pilot for a national program</td>
<td>2007&lt;br&gt;2008</td>
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<tr>
<td>Sally Fletcher: Ride for Life&lt;br&gt;Rotary Club of Central Launceston, Tas. D 9830&lt;br&gt;Professor Ken Kirkby&lt;br&gt;University of Tasmania, Tas.</td>
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<tr>
<td><strong>A 25-year longitudinal study examining the influence of childhood school engagement on the mental health of young Australians</strong></td>
<td>2012</td>
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<tr>
<td>Sally’s Ride, Tas.&lt;br&gt;Dr. Seana Gall&lt;br&gt;Menzies Research Institute/ University of Tasmania, TAS</td>
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<td>Suicide prevention amongst help-seeking adolescents: an intervention study.</td>
<td>2006&lt;br&gt;2007&lt;br&gt;2008</td>
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<td>Rotary Club of Camberwell, Vic. D 9800&lt;br&gt;Alison Yung&lt;br&gt;ORYGEN Research Centre, Vic.</td>
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</tbody>
</table>
EVALUATION OF MENTAL HEALTH SERVICE PROVISION: 2007-2010

Mental health services require frequent evaluation to ensure their treatment programs remain relevant and effective. 20 Grants were funded over a period of three years, to collaborative research teams who evaluated mental health services in both rural and urban settings.

The West Morton Integrated Employment Project: Enhancing mental health services by integrating evidence-based employment services
Dr. Geoffrey Waghorn
The West Morton Health Services District of Queensland Health, Qld

Consumers as Collaborative Researchers: A model Training program
Professor Anita Bundy
University of Sydney, NSW

Primary care mental health consultation-liaison between GP & psychiatrist: Consumer & carer evaluation
Dr. Anne Sved Williams
University of Adelaide, SA

Evaluating an Antenatal Depression Treatment Model as a Public Health Priority
Professor Jeanette Milgrom
Austin Hospital, Vic.

Evaluation of the Integrated Homeless Mental Health Service Response: How effective are improved linkages between community support & psychiatric services at addressing needs of people who are homeless?
Anthony de Castella
The Alfred Hospital, Bayside Health, Vic.
Motivating young people towards success: Evaluation of motivational interviewing-integrated treatment program for clients in a residential therapeutic community
Dr. Frances O’Callaghan
Griffith University, Qld.

‘Endeavour House’: Evaluation of a residential program for people with psychiatric and substance use disorders
Professor Frank Deane
University of Wollongong, NSW

Evaluation of a recovery-based self-help program for people with long-term mental illness
Dr. Lindsay Oades
University of Wollongong, NSW

Evaluation of Strategies to promote the dissemination of programs for people with serious mental disorders & comorbid substance use disorders
Professor David Kavanagh
University of Queensland, Qld.

Evaluation of a South Australian Family Home visiting program
Professor Michael Sawyer
University of Adelaide, SA

The incidence of suicidal behaviours in indigenous communities in Queensland – evaluation and development of baseline data.
Professor Diego De Leo
Griffith University, Qld.

Tale of 2 Cities – Evaluation of services for self harm in Green Card Clinics in Sydney and Adelaide
Professor Kay Wilhelm
St Vincent’s Hospital, NSW

Juvenile bipolar disorder: Evaluation of symptom profiles, treatment outcomes & predictors of treatment effectiveness for clients from a community mental health clinic
Professor Philip Hazell
University of Sydney, NSW
Evaluation of health and preventative lifestyle intervention program for young patients receiving antipsychotic medication: Impact on weight gain and quality of life.
Professor Valsamma Eapen
University of New South Wales

The threshold test for involuntary mental health treatment - reducing practitioner variation in invoking orders & implementing the least restrictive option
Dr. John Brayley
Office of the Public Advocate, SA

Examination of the effectiveness of clinical case management for alcohol and drug clients
Dr. Nicole Lee
Turning Point Alcohol and Drug Centre, Vic.

Meaningful participation as a means of promoting the mental health & wellbeing of young Australians: An evaluation of Inspire’s youth participation program
Dr. Phillipa Collin
Inspire Foundation

A layered ten-year audit of clients presenting to a community-based service for young people at increased risk for psychosis
Professor Vaughan Carr
University of Newcastle, NSW
RURAL HEALTH SERVICE EVALUATION GRANTS: 2007-2010

This 3 year program was a means of funding service evaluations to assess the effectiveness of rural health systems and improve services.

**ABCD in a remote NSW context**
Dr. Hugh Burke  
Maari Ma Health Aboriginal Corporation, NSW

**Evaluation of two strategies undertaken by Queensland Emergency Medical System Co-ordination Centre (QCC) in Townsville to improve the outcomes for rural patients following traumatic injury**
Professor Craig Veitch  
James Cook University, Qld.

**Healthy Hearts — Beyond City Limits**
Professor Simon Stewart  
Baker Heart Research Institute, Vic.

**Making a difference - The impact of an innovative primary health service on a rural community**
Professor John Humphreys  
Monash University, Vic.

**Evaluation of a training protocol for non-clinical staff in General Practice - Prioritisation of patients: A guide to urgency for non-clinical staff (POPGUNS)**
Dr. Christine Phillips  
Australian National University, ACT
## SPECIAL RESEARCH GRANTS: 2007-2013

From time to time, Australian Rotary Health will partner with a number of funding organisations for collaborative research projects.

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Year</th>
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<tbody>
<tr>
<td>Waist disposal project</td>
<td>2007</td>
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<tr>
<td>A/Professor Samar Auon</td>
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<tr>
<td>Curtin University, WA</td>
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<tr>
<td>Changes in the Expression of Tumour Necrosis Factor in its Receptors in Bi-Polar Disorder</td>
<td>2010</td>
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<tr>
<td>Dr. Andrew Gibbons</td>
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<tr>
<td>Funded by ‘The Bipolar Expedition’</td>
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<tr>
<td>Mental Health Research Institute, Vic.</td>
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<tr>
<td>Understanding Emotion Abnormalities in Bipolar Disorder</td>
<td>2011</td>
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<tr>
<td>Professor Susan Rossell</td>
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<tr>
<td>Funded by ‘The Bipolar Expedition’</td>
<td></td>
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<tr>
<td>Swinburne University, Vic.</td>
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<tr>
<td>Beyond Bushfires: Community Resilience and Recovery Study</td>
<td>2011</td>
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<tr>
<td>Dr. Dean Lusher</td>
<td></td>
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<tr>
<td>University of Melbourne, Vic.</td>
<td>2012</td>
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</table>
INDIGENOUS HEALTH SCHOLARSHIPS

Indigenous Australians are faced with challenges across a range of socio-economic measures which can impact the health and wellbeing of Indigenous populations, both in a rural and urban setting.

Through Indigenous Health Scholarships, Australian Rotary Health is supporting the next generation of Indigenous health care providers to achieve an education that will help them assist their communities. Each student enrolled in the program is provided with a $5,000 scholarship.

First established in 2002 by PP Geoff Bailey and the South Australian Rotary Club of Mitcham, the program has expanded to all States and Territories, supporting students in a range of health areas including nursing, social work, physiotherapy, psychology and dentistry.

The Indigenous Health Scholarship program is a collaborative project between Australian Rotary Health, participating Rotary Clubs, and the State and Commonwealth Governments. Administration costs are covered by the Commonwealth Government to assist in the ongoing success of this program.

2015 Recipients
Australian Capital Territory
Rebekah Coon - Charles Sturt University - Nursing - sponsored by RC of Canberra East

New South Wales
Karen Pinter Klemenchic - Charles Sturt University - Social Welfare - sponsored by RC of Parramatta City
Colin Hammond Tighe - University of Wollongong - Indigenous Health - sponsored by RC of Fairy Meadow
Glenda Brown - University of Newcastle - Medicine - sponsored by RC of Parkes
Stephen Bell - University of Wollongong - Indigenous Health - sponsored by RC of Wauchope
Amy Hawker - University of Sydney - Physiotherapy - sponsored by the David Henning Foundation
James Begley - University of Sydney - Exercise & Sports Science - sponsored by RC of Sydney - Soukup Foundation
Rachael Green - University of Sydney - Physiotherapy - sponsored by RC of Sutherland
Josh Russell - Macquarie University - Physiotherapy - sponsored by RC of Sydney - Soukup Foundation
Kym Bowman - University of Western Sydney - Medicine - sponsored by Quality Occupational Health, Merrylands
Maddison-Rose Gillespie - University of Technology, Sydney - Midwifery - sponsored by RC’s of D9650
Nathan Taylor - University of Technology, Sydney - Exercise & Sports Science - sponsored by RC of Maroubra
John Towny - University of Newcastle - Medicine - sponsored by RC of Junee
Erika Chapman-Burgess - University of Newcastle - Medicine - sponsored by Eastern Suburbs Law Society
Michelle Pearce - Deakin University - Nursing - sponsored by RC of Randwick
Nadia Uink - Griffith University - Nutrition & Dietetics - sponsored by RC of Murwillumbah
Julieann Hall - Charles Sturt University - Mental Health - sponsored by RC of Wagga Wagga Sunrise
Taylor Degoumois - Charles Sturt University - Mental Health - sponsored by RC of Wagga Wagga Murrumbidgee
Joanne Scoble - Charles Sturt University - Mental Health - sponsored by the Don Draby Scholarship
Kerry Richardson - Charles Darwin University - Nursing - sponsored by RC of Young
Kate Postans - Canberra University - Nursing - sponsored by RC of Sydney CBD
Sarah Large - University of Sydney - Physiotherapy - sponsored by RC of Bowral Mittagong
Cameron Edwards - University of Sydney - Physiotherapy - sponsored by RC of Parramatta Daybreak
Joshua Brown - University of Sydney - Physiotherapy - sponsored by RC of Holroyd
Blake Badman - University of Sydney - Physiotherapy - sponsored by RC of Caringbah
Scott Daley - University of Sydney - Physiotherapy - sponsored by Mark Hancock
Thomas Hatch - Western Sydney University - Medicine - sponsored by the Learnmed Group
Russell Thompson - University of NSW - Medicine - sponsored by RC of Marrickville

Supporting healthier minds, bodies and communities through research, awareness and education.
INDIGENOUS HEALTH SCHOLARSHIPS

2015 Recipients continued

Northern Territory
Valery Martin - Charles Darwin University - Nursing - sponsored by RC’s of D9710
Ian Lee - Flinders University (Darwin) - Medicine - sponsored by RC of Darwin Sunrise
Anne-Maree Nielsen - Flinders University (Darwin) - Medicine - sponsored by RC’s of D9790

Queensland
Niels Kristen - James Cook University - Dental Surgery - sponsored by RC of Cairns West
Regan Davis – James Cook University – Nursing – sponsored by RC of Mareeba
Nickalus Saveka - James Cook University - Dental Surgery - sponsored by RC of Thursday Island
Paul Cavanagh - James Cook University - Dental Surgery - sponsored by RC of Cairns Mulgrave
Alexander Kuhle - James Cook University - Sport and Exercise Science - sponsored by RC of Mundingburra
Shani Lavender - James Cook University - Medicine - sponsored by RC of Thuringowa Central
Bobby Hagan - James Cook University - Social Work - sponsored by RC of Jindalee
Samantha O’Connor - University of Queensland - Medicine - sponsored by RC of Ashgrove/The Gap
Hannah Tilling - University of Queensland - Occupational Therapy - sponsored by RC of Cleveland
Jennifer Briese - University of Sunshine Coast - Social Work - sponsored by RC of Gympie-Cooloola
Bellinda Barker - University of Sunshine Coast - Nursing - sponsored by RC of Deloraime
Jessie Binderhofer - University of Queensland - Nursing & Midwifery - sponsored by RC’s of D9710
**Victoria**

Ngaree Blow - University of Melbourne - Medicine and Surgery - sponsored by RC of Templestowe  
Jessica McConnell - University of Melbourne - Medicine and Surgery - sponsored by RC of Ivanhoe  
Codie Collins - University of Melbourne - Psychology - sponsored by RC of Forest Hill  
Danika Dale - LaTrobe University - Nursing - sponsored by RC of Croydon  
Michael Lawler - LaTrobe University - Dental Surgery - sponsored by RC of Bright  
Maliknaz Rind - Deakin University - Nursing - sponsored by RC of Geelong  
Shaznaz Rind - Deakin University - Nursing - sponsored by RC of Highton  
Tamika See Kee - Deakin University - Nursing - sponsored by RC of Bentleigh Moorabbin  
Sally Hood - Deakin University - Nursing - sponsored by RC of Rosebud  
Samera Rae - Deakin University - Nursing - sponsored by Motto Fashion  
Coen Brown - Deakin University - Nursing - sponsored by RC of Eltham  
Sharon Wallace - Deakin University - Public Health - sponsored by RC of Box Hill  
Teagen Cornelissens - LaTrobe University - Maternal and Children Health - sponsored by Ian and Claire Graham  
Ally Charles - LaTrobe University - Nursing - sponsored by RC of Bendigo  
Laura Alsop - Deakin University - Medicine - sponsored by RC of Glen Waverley  
Jennifer Turner - Deakin University - Nursing - sponsored by RC of Manningham

**Western Australia**

Vinka Cummis-Barunga - University of WA - Medicine - sponsored by RC’s of Applecross and Cockburn  
Luke Davies - University of WA - Medicine - sponsored by RC of Kenwick  
Shauna Hill - University of WA - Medicine - sponsored by RC of Ascot  
Veronica Dolman - University of WA - Medicine - sponsored by RC of Mundaring  
Daniel Hunt - University of WA - Dentistry - sponsored by RC of Southern Districts  
Phoebe Strickland - University of WA - Medicine - sponsored by RC of Melville  
Samantha Jackson - University of WA - Medicine - sponsored by RC of Karrinyup  
Shaydeen Stocker - Marr Mooditj Training - Nursing - sponsored by RC of Boronia
INDIGENOUS HEALTH SCHOLARSHIPS

2015 Recipients continued

South Australia

Lauren Sperring – University of Adelaide – Medicine – sponsored by Dr. Sage
Hannah Fyfe – University of Adelaide – Medicine – sponsored by RC of Alice Springs
Reginald Charles – University of SA – Physiotherapy – sponsored by RC of Hyde Park
Jessica Beincke – Flinders University – Medicine – sponsored by Coopers Brewery
Amy Hocking – University of SA – Nursing – sponsored by RC of Norwood
Kim Morey – Deakin University – Public Health – sponsored by Coopers Brewery
Amanda Mitchell – Deakin University – Public Health – sponsored by Coopers Brewery
James Blewitt – Flinders University – Physiotherapy – sponsored RC of Walkerville
Chelsea Moore – Flinders University – Nursing – sponsored by RC of Morialta
Lisa Hanson – Flinders University – Public Health – sponsored by RC of Stirling
Damien Rigney – University of SA – Nursing – sponsored by RC of Elizabeth
Tameka O’Donnell – University of Adelaide – Nursing – sponsored by Australian
Chinese Medical Association
Sherice Ansell – Flinders University – Medicine – sponsored by RC of Mitcham
Haley Matthews – University of Adelaide – Psychological Sciences – sponsored
by RC of Waikerie
Teegan Hart – University of Adelaide – Psychological Sciences – sponsored by RC of Salisbury
Virginia Stuart – University of SA – Midwifery – sponsored by Mr Gibson
Lauren Modystach – Flinders University – Occupational Therapy – sponsored
by RC of Port Augusta
Joanne O’Connor – Adelaide University – Psychology – sponsored by RC of Adelaide
Kimberley Shearer – Adelaide University – Health Science – sponsored by RC
of Campbelltown
Nicolas Reid – Adelaide University – Dental Surgery – sponsored by RC of
Coromandel Valley
Rosemary MacLaine – Flinders University – Midwifery – sponsored by RC of Elizabeth
Daniel Zweck – Adelaide University – Medicine – sponsored by Professor M Sage
Danielle Lovegrove – University of SA – Nursing – sponsored by RC of Mitcham
Kali Graham – Flinders University – Paramedic Science – sponsored by RC of Modbury
Tahnee Elliott – University of SA – Occupational Therapy – sponsored by
Margaret Mayo
RURAL MEDICAL SCHOLARSHIPS

Rural medical facilities face a number of challenges including staff shortages, lack of funding and large geographical service areas. Since 2007, Australian Rotary Health has run a Rural Medical Scholarship program.

Medical students are funded by a sponsoring Rotary Club to undertake a year-long rural placement and experience what these facilities have to offer. Rural Scholarships provide students with an opportunity to pursue a career in rural Australia when they graduate.

**Students Sponsored**

**July 2015 - June 2016**

**Western Sydney University Clinical Rural School**
Sponsored by Rotary District 9750 (now District 9675)
Stuart Plant - Bathurst, NSW

Sponsored by Rotary Club of Wollondilly North (D9675)
Lilia O’Connor - Bathurst, NSW

**Wollongong University Rural Training**
Sponsored by Rotary District 9750 (now District 9675)
Tristan Scott - Forbes, NSW

**Students to be sponsored July 2016-June 2017**
Sponsored by Rotary District 9750 (now District 9675)
Sponsored by Stuart Alexander Foundation
RURAL NURSING SCHOLARSHIPS

In response to the need for more nurses in rural and remote areas, Australian Rotary Health launched a Rural Nursing Scholarship program in 2007.

Using donations from Rotary Clubs and other donors, these scholarships are providing incentives for nursing students to complete their third year major clinical placement and graduating year in a rural or remote area. These scholarships provide an incentive for nursing students to pursue a nursing career in rural or remote Australia upon graduation.

Parnell Rural Nursing Scholarship 2015-2016

Jacqueline Rose
University of Southern Queensland - Mitchell Hospital, Qld

Taylor Henderson
University of Newcastle - Remote Rotation Program, NSW

Allie Reid
Charles Sturt University - Wagga Wagga Base Hospital, NSW

Rotary Club of Sales Rural Nursing Scholarship 2016

Will be advertised in early 2016, please visit our website for details www.australianrotaryhealth.org.au.
Thank you for reading about Australian Rotary Health. If you have any enquiries please contact the office using the details on the back of this book.

We rely on donations to fund our research projects and other programs. Donations to Australian Rotary Health are tax deductible.

www.australianrotaryhealth.org.au

Supporting healthier minds, bodies and communities through research, awareness and education.
AUSTRALIAN ROTARY HEALTH

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